

SPECTRUM

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President Bill Clinton flew into Bridgeport Municipal Airport Sat. morning where he endorsed Bill Curry's (far right) candidacy for governor of the state of Connecticut. Clinton came for a \$1,000 a plate charity dinner at the Holiday Inn. Also pictured in the background are (left to right) First Lady Hillary Clinton, Rep. Rosa DeLauro and Attorney General Richard Blumenthal.

Photo by Chris Nicholson

University lags in hiring of minorities

By Robert Cargill & Fernando Fernandes

"Often we cannot match the salary that more prestigious institutions are willing to offer minorities candidates," said a university professor who wished to remain anonymous.

Yet, in the midst of this poverty cry, the school built South Hall last year, and this year West Hall. The president of the university is one of the highest paid in the state, and SHU seems to find ample funds for parking lots, tennis courts, and an expensive campus beautification program.

Across the campus a consensus of students, faculty and staff indicates that the University is lacking in adequate minority representation and opportunities. In

each area of campus employment the feelings of the people interviewed were consistent. General comments and observations show a lack of correlation between the percentage of minority students and minority faculty.

Data gathered from the University's 1993 *Fact Book* revealed the following statistics about students: out of a total of 3,686 students - 1,049 are male - 2,277 are female with a ratio of 38% to 62%. Further, the study shows an ethnic diversity of 82% caucasian, 8% black, 5% Hispanic, and 4% foreign.

The data on faculty, administration and staff ethnic balance indicated 90% caucasian, less than 1% black, 3.4% Hispanic, and

See Hiring, page 3

Students stymied by Psych. Department moves upstairs

By Ritch Flynn
News Editor

By Kathy Bump, Jeanine Farfalla, Flora Goodloe

Students using the computer lab are confronted with several changes this fall. One major change is access to laser printers.

"People were abusing the system last year, making too many copies," said a computer lab aide.

The alleged abuse of the printing facilities caused the computer center to eliminate free access to laser printing. Currently students using the IBM computers are limited to one Epson DFX 5000 Dot Matrix printer.

Paul Sebben, manager of academic computing at SHU, explained the need for the changes.

"We're not trying to take service away from students," Sebben said. "The action that we've taken was the only way to stop the

abuse."

"Laser printing is expensive," he explained, "and usage on one laser printer alone was 4 million copies in a three month period. Toner and paper for such usage amounted to around \$10,000," Sebben added.

Because of the slow printing capacity of the dot matrix printer, students complained of waiting periods as long as forty-five minutes.

"I waited twenty minutes just to get on the computer," said Shannon Pons, a junior finance major from Hampstead, New Hampshire. "Here I am still waiting to use the printer after about thirty minutes."

A writing class that meets in the lab regularly on Thursday eve-

See Computer, page 2

The Psychology Department has relocated to the upper level of the South Wing. The Psych Department had been located under the gym near the weight room since 1981.

Also relocating to the new location are the Sociology, Anthropology, Criminal Justice and Social Work Departments which

had been located in Park Ave. House.

"The reason for the move was to bring together all faculty in the social and behavioral sciences," said psychology chair Ed Malin.

"The old facilities had drawbacks that we are glad to leave behind. They were far from the mainstream of the campus and out of the way. Park Ave. House also needs major renovation. We (psychology) also had some

problems with exhaust fumes under the garage."

Another part of the reason for the move was for the new plans for both facilities. Park Ave. House will become the wellness center, housing Health Services, Counseling and Career Services.

The spot under the gym which had housed the Psych Dept. will be renovated to house an expanded

See Psych page 2

33 students honored in induction

By Ritch Flynn
News Editor

On Sunday Oct. 16, the Delta Gamma chapter of the Delta Epsilon Sigma honor society inducted 33 new members from the SHU campus. The induction was held from 2:00-4:00 p.m. in the theater.

Founded in Kansas in 1939, Delta Epsilon Sigma's stated purpose is to recognize academic accomplishment, foster scholarly pursuits and foster the sense of intellectual community. The organization is a national honor society for institutes of higher education that maintain a Catholic tradition.

The chapter here at Sacred Heart was chartered in 1970. Since that time, SHU has in-

ducted over 450 members into the society.

"The inductees have special gifts and duties. The name of this school shows that. The words Sacred Heart refer to the love that Jesus had for his people. In this spirit, so you must use your gifts to enrich and better the world."

To be eligible, members need to have fulfilled one-half of the

necessary credits for graduation and have performed at a level that, if maintained, would make the student eligible to graduate Cum Laude. The new members will also have their names recorded in the archives of the National Catholic Honor Society.

Because of the society's standing as a national honor society, members are eligible to obtain federal civil service jobs at a GS-7 level rather than a GS-5, providing they qualify for the position.

The ceremony of induction was opened by Dr. Donald Brodeur of the Psychology Department and the certificates of membership were presented to the inductees by Ms. Jennifer

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Inside...

Education becomes dangerous in color...page 4

Homecoming galas captured in rare forms...page 10

Books, music, movies, and more...page 12-15

NEWS BRIEFS

Compiled by Ritch Flynn

Teaching mission to Vietnam

Professor Pauline Yatrakis will be sent to Vietnam in November to help bolster the Vietnamese teaching program. She will specifically be working in the area of teaching English as a second language to the Vietnamese.

Yatrakis, who resides in Easton, will be one of only 15 professionals working on this project.

This project is being administered by the Citizen Ambassador Program based in Spokane, Washington. The Citizen Ambassador Program is associated with People to People, a not for profit organization established during the Eisenhower Administration.

While in Vietnam, Yatrakis will go to both Hanoi and Ho Chi Minh City (formerly Saigon) and will meet with representatives of the Vietnamese Ministry of Education and Training as well as several other government agencies dedicated to education.

AIDS workshop for teachers

On Saturday, Oct. 29, Sacred Heart will host a workshop on AIDS for Connecticut teachers. This workshop will be dedicated to the memory of Mike Arnold, former director of the Stamford campus who died this past summer.

The workshop is being titled; "AIDS in Connecticut: in the laboratory, in the community, in the classroom."

Sacred Heart's Dr. Babu George will be speaking at the conference along with notable educators from UCONN, Storrs and Yale School of Medicine.

Many topics regarding AIDS will be discussed including, *Prospects for an AIDS Vaccine, Prevention & Transmission of HIV and Research into New Treatment*.

This program is being sponsored by Sacred Heart University with the help of Connecticut United for Research, Inc., Stewart B. McKinney Foundation, Smart Center and Smartnet 2000.

Address questions to Barbara Chop, 365-7627

Flu vaccine being offered

Beginning on the week of Oct. 17, the Health Services Office will be offering the flu vaccine to all interested persons at the cost of \$7.00.

Anyone interested in obtaining a vaccination should contact the Health Services Office at 371-7838 to set up an appointment.



Check one, two. Sophomore drummer Rob Carroll sets up for a recent practice of the Sacred Heart marching band in the small meadow outside Campus Field. The band braved the elements daily to prepare for this Saturday's home affair with Stonehill at 1 p.m. Let's hope they along with the Pioneer gridders can blow away the competition this weekend. Photo by Kyle Donahue

Charge card hassles are avoidable

By Sunni DeNicola
College Press Service

"Buy now, pay later" may sound pretty good today. But when you find yourself still paying for the pizza that you gulped down in your freshman dorm—and it's two years after your college graduation, you may think again, say credit card counselors.

"It's difficult enough," says Gerri Detweiler, author of "The Ultimate Credit Handbook," "for a college grad to make ends meet, without having to pay for pizzas they polished off years ago."

So, how can you stay out of credit card trouble? First, heed the warning signs by asking yourself, "Does any of this sound famil-

iar?"

- All earnings from your part-time work are used for paying off credit card debt.

- You regularly use your credit card to buy things for friends who pay you in cash, which you then spend.

- You are using cash advances from one card to pay off another.

- You can only make minimum monthly payments on your balance.

These are all signs of potential credit card abuse. But you can get help.

One of the first options, of course, are parents. And most cities have non-profit credit counseling services affiliated with the National Foundation for Consumer Credit. One is the Con-

sumer Credit Counseling Service (CCCS).

"We are dedicated to helping people out of credit difficulty and helping with personal finances," says Gary Stroth.

Stroth and Detweiler offer several suggestions to managing cards:

- Try not to carry forward the balance from month to month. Put it in your budget and pay it off.

- Limit yourself to \$50, \$75, \$100 a month, whatever your allowance or discretionary income may be.

- Pay cash if the item will be gone by the time you get the bill (a burger), you wouldn't borrow money to make the purchase (jeans), or you don't know how or when you can pay the bill in full.

Psych: new look, new location

continued from page 1

weight room. One concern of this is that Psych staff had in the past complained of exhaust fumes in that location.

"We put fans in there," said Joe Marolda, Director of Physical Plant. "The last complaint I received was about a year and a half ago and at that time we installed new fans to clear the air in there. There should not be a problem with the fumes, but just to be safe we are installing carbon monoxide detectors."

The new location of the Department of Social and Behavioral Sciences is located next to the language lab in the South Wing. The location has two entrances that will be staffed by a secretary at each entrance. A large conference room has also been put into the new offices, which are clean and well lit.

To make space for the new offices, four classrooms were de-commissioned. Since the recent remodeling of the South Wing added two new classrooms, the net loss is that of two classrooms.

"In the near future we will have to reconstruct the Psych Lab," Malin said, "But right now we're living out of boxes and it's tough."

The new offices are smaller than the ones that the faculty had enjoyed in their previous locations.

"What we lose in space, we gain in quality of life," Malin said.

Although this move has left some members of the faculty frazzled, Malin and other feel very positive toward the change.

Computer: students cut out

continued from page 1

nings was surprised to find yet another change. The one printer for Macintosh users is no longer in the computer center. Macintosh users must now purchase a Vender-Card at a cost of \$5.00, and so must IBM users who want laser copies.

Students noted the declining services in the computer lab and feel the charge is unfair.

According to Sebben, several improvements were made to all of the labs and more are planned.

Kathy Bump, Jeanine Farfalla and Flora Goodloe are contributing writers to the Spectrum

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Sharing a moment at Saturday's Discovery Awards Gala, which raised \$175,000 for the Scholarship Fund, with President Anthony J. Cernera, Ph.D. (fourth from right) are the honorees, from right: Rev. Edward J. Howley , Paul R. Tregutha, Eileen Kraus, Eva Weisman Goldman, and James Costello.

Contributed photo

Hiring: SHU short on minorities

continued from page 1

5.2% foreign. Based on this information, the University makeup represents a good balance between students and faculty/staff ethnic makeup, except for the black category which portrays a strong imbalance.

Other information disclosed that the male/female ratio in the faculty group is 58% to 42%, and in the administrative/staff group the ratio changed to 35% males to 62% females. The *Fact Book* indicated that there are no minority administrators in the university, and a Human Resources staff member confirmed this information.

The University "has only three African-American full-time faculty members and only three African-American administrators," claimed Thomas Kelly former director of student activities, in a recent issue of the *Spectrum*. "SHU claims to be an insti-

tution committed to diversity, but in reality, the make up of the staff does not reflect this commitment," continued Kelly.

In contrast, Ted Gutsa associate professor of art, claims that on two occasions of his involvement in a faculty search, the search committee "never received even one application from a minority candidate."

According to Mr. Gutsa this makes it very difficult to hire minority instructors.

Dr. Kristen Wenzel, former dean of the faculty said, "The University has been aware of its shortcomings, and now there is a need for pressure on the Vice President of Academic Affairs to implement a plan of operation. The university must increase the percentage of minority faculty."

Dr. Thomas Trebon, Provost and Vice President of Academic Affairs said, "We are aware of the ethnic mix problem, and we are

looking into several ways to remedy the problem."

Trebon stated that specific guidelines and actions will be included in the new master plan of the University.

Twenty-five year faculty veteran, Dr. Mariann Russell of the communication studies area noted that the black faculty situation has been "a long standing problem" at Sacred Heart and although attempts are being made at correcting the problem, "much more effort is needed"

Mr. Edmund Garrick, Director of Human Resources was unavailable for comment.

Robert Cargill and Fernando Fernandez are contributing writers to the Spectrum

Honors: 33 new members

continued from page 1

Donahue and Ms. Marion Warne. After the formal ceremony, Dr. Henri Etienne, a Fulbright scholar in residence at Sacred Heart this semester, addressed the audience.

"The inductees have special gifts and duties," Etienne said, "The name of this school shows that. The words Sacred Heart refer to the love that Jesus had for his people. In this spirit, so you must use your gifts to enrich and better the world."

The theme of a responsibility on the part of this intellectual elite of SHU students was also reflected in the formal ceremony.

"Today we have come together to recognize certain individuals with greater commitments. To them more has been given; of them, much more is expected. These individuals recognize the great challenge which is theirs: the world of service to others is now in their hands," read a line from the opening ceremony. This speech was delivered by Psychology Prof. Donald Brodeur.

In a word
(or 4):
Recycle!

OFF-CAMPUS NEWS BRIEFS

Compiled from CPS reports

U of New Mexico Campus Battles With Racial Slurs

ALBUQUERQUE, N.M.—The recent emergence of racist and homophobic material at the University of New Mexico has once again raised university officials' concerns about the safety of some of the school's students.

For the third time this year, dozens of racially motivated bumper stickers have been spotted throughout the Albuquerque campus.

More than 100 of the stickers, which read "Earth's Most Endangered Species: the White Race," were plastered to walls and fixtures by a group that calls itself "National Alliance."

In a separate incident, the UNM medical school canceled a reproductive biology class for two days after six students received brochures condemning homosexuality in the mail.

Prior to receiving the pamphlets, each of the six students had voiced support for homosexuals during a discussion in class on alternative lifestyles. University officials decided to postpone the class while police checked into the matter.

Describing the "Typical" American

EASTON, Pa.—What is Halloween? What's the difference between "hanging in there" and "hanging out"? Why are so many college students called "Greeks" when they're not from Greece?

While the answers may seem obvious to American college students, they often seem, well, truly foreign, to international students.

To help smooth culture shock and remove some of the day-to-day stumbling blocks that international students encounter as they settle into campus life, members of Lafayette College's International Student Association have produced a booklet of hints on how to get along in the United States.

Edited by Susana Rodriguez-de-Tembelque, a Lafayette College senior from Madrid, Spain, the 49-page booklet contains such basic survival information as a section on English weights and measures and a glossary on American slang

HOURS

Dining Hall Hours of Operation

Monday through Friday

Breakfast	7:30am - 10:00pm
Lunch	10:30pm - 2:00pm
Dinner	4:30pm - 7:00pm
Pub Grub	7:30pm - 11:00pm

Faculty Lounge Cafe

Monday through Friday

7:30am - 10:30am
3:30pm - 7:00pm

Saturday 7:00am - 7:00pm

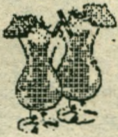
Don't forget about the Pioneer Cart!!

(located outside)

Monday through Friday

7:30 - 10:30
2:30 - 4:00

Closed Weekends



Diversity issue isn't black or white

It's probably not just a problem at Sacred Heart. In fact, it's probably not just a problem in Connecticut or even New England. It probably extends down the entire East Coast and out the shores of California.

Hiring for diversity is no easy task in America. More often than not, business and universities probably think about hiring a less qualified minority individual just to fill a quota. It happens in some universities with the student body.

But the problem of finding individuals of minorities to join the work-force is hardly an easy task because there aren't many minority professionals.

The numbers are rising, yes, but it may be years yet before the work-force sees even a somewhat better balance of diversity to choose from.

And imagine the possibility by that time that more qualified workers are from minority backgrounds and it is the white anglo-saxon male fighting for his opportunity for a job.

Maybe you didn't get the hint...

Ok, this is the last time we'll try and get the message across to you (we hope).

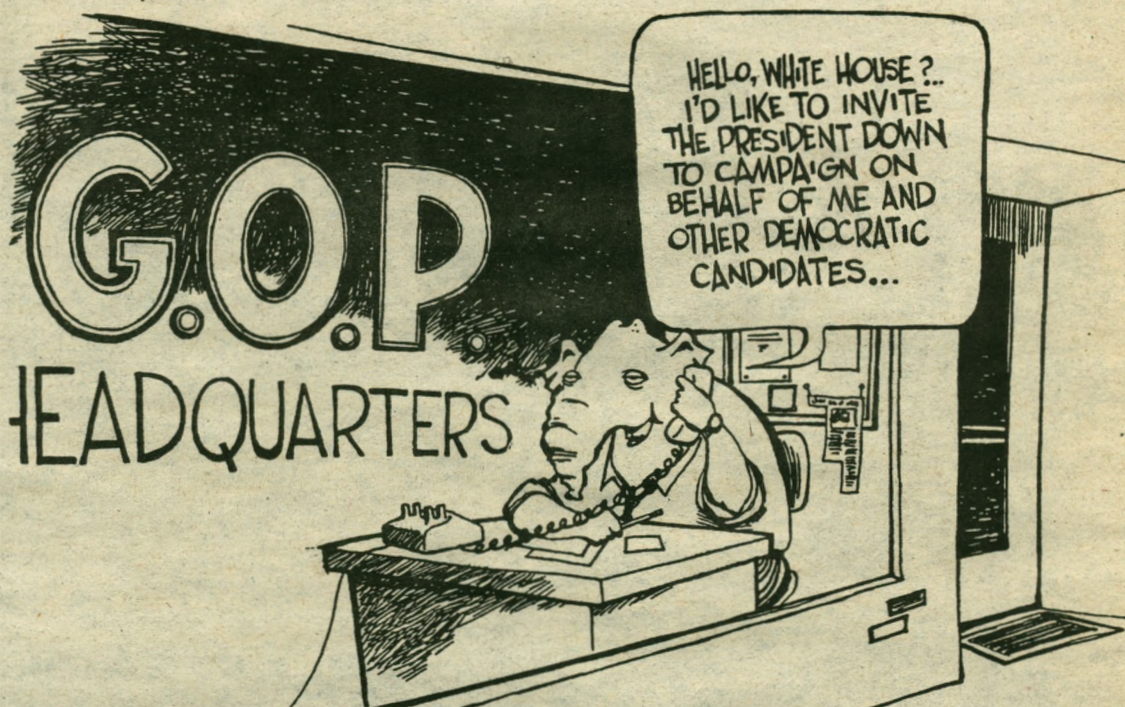
READ THE SIGN ON YOUR TABLE THAT SAYS THE TABLES ARE TO BE SELF-BUSSED!

This means that when you have finished eating, take your tray to the conveyor, throw your silverware in the bin and your trash in the can.

Goodness knows, Dean Kevin Kelly could be right when he says that there could be a steak or shrimp dinner involved once in awhile if you did as your mother taught you to do (we hope).

Well, mommy isn't here to remind you anymore. Neither is daddy. But maybe your conscience and your sense of manners may override your laziness and disgusting disregard for others' rights to find a table.

But then again, maybe none of you listenend to your mothers or your conscience.



Coloring an education dangerous

By Jason A. Dalrymple
Editor-in-Chief

I work at the mall. I know, not the most inspirational place to work, but it's a job.

At the mall, I see every type of person imaginable, especially working in retail. I see families, bachelors, widows, children who think they're adults, women who think they're men, and, on occasion, men who think they're women (these are fewer, in fact, I have only seen one).



But one group I see more than any other is the minority groups, especially blacks, or African-Americans, or whatever they want to be called now (I personally prefer human being, but I stand pretty alone on that one).

Now, working in the same place for two years with the same general clientele doesn't exactly make me an expert on black or African-American society (I still like human, but now it would make no sense), but I have a pretty good feel for them.

What? A white middle-class man have an idea of what it's like to be black? I didn't say that, I just said I have met enough African-Americans to have experienced

almost every different personality type.

Which is impossible anyway. But that's not the point. The point is that when I see a man walking around the mall with a t-shirt that says, "Danger-Educated Black Man," I get a little worried. Not because I'm white and fear an educated black man. Being white is not the issue.

It does have to do with the idea of education. Where is this man's pride? Yes, the man was black, but you don't see white college students running around with sweatpants or jackets that say, "Beware-White Man With Diploma," do you?

It's a matter of principle. Why is it that some fool can make money off society's stereotypes? There is no danger in an educated black man, no more than there is in an educated white man, or woman of any color, for that matter. (Actually, I would be more afraid of an educated white person, because we're more likely to corrupt that knowledge somehow, but that's just my personal slant.)

It's a shame that a black man has to tell the world to be afraid of him for another reason, when millions of stereotypical Americans already fear him for any of a dozen or so "truths" about blacks that they may have heard.

Come on, folks. Let's look at this. A white male, 30 years old. Works for a Fortune 500 company. Has seven years experience there working with the computers shuf-

fling money around. How much temptation does he have to shuffle some of those numbers into his wallet?

Same company same situation, except the man is black, probably older because it took him longer to get hired because of discrimination. Think about it. How much temptation does he have to do the same thing?

A hell of a lot less. The white man, because he's white, has more experience and a better chance of getting another job after getting caught (if it ever went on his record).

The black man? Well, he'd likely get a stiffer sentence, longer jail term, and stares as he walked out of any interview when they learned of his previous arrest.

It's a simple fact. An educated black man is not dangerous, it's hard to find. I'm not saying that because I'm racist, or don't believe that blacks are uneducated, just that they don't have the opportunities sometimes.

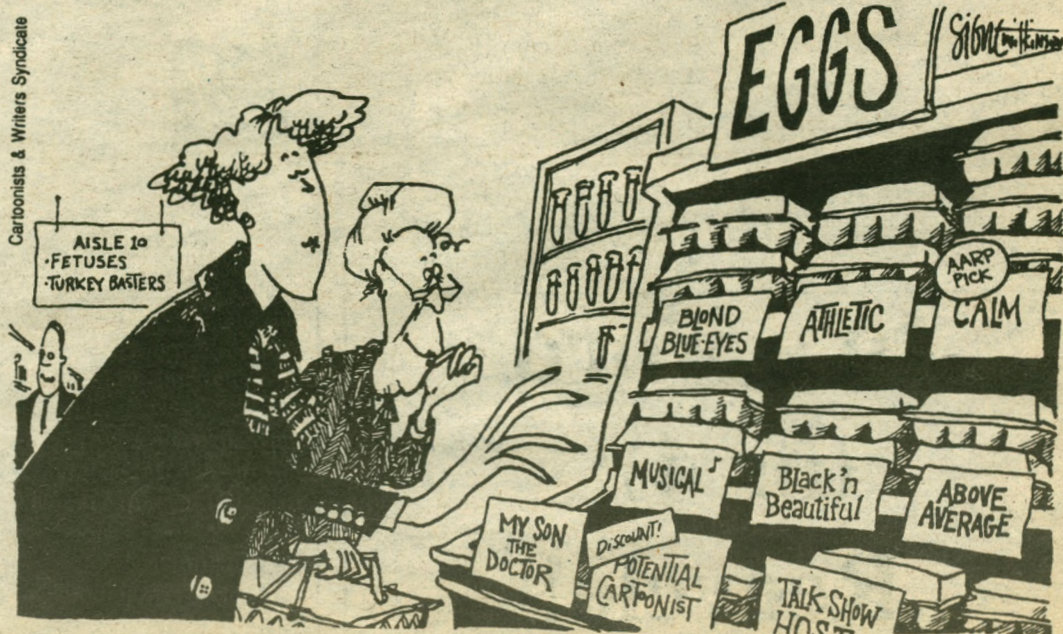
Why? Because of lazy blacks who blame society and take no responsibility themselves for their futures. Because of white bureaucrats who are rooted in an old system that has been outdated since the Emancipation Proclamation.

And because of some clever t-shirt merchant who thought he could make a buck on a stereotype.

"Danger-Educated Black Man," is hardly the way to put it. Congratulations are more in order than is caution.

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NEWS FROM TULSA

By Chris Nicholson
Contributing Editor

Don't tell me there's nothing to do around here. In this area of the country, I mean. Last week I spent a day in New York, New York, and the day was so busy that it wore me out.

The whole adventure started off as a birthday present. My birthday just passed (yes, it was relatively happy—thank you for asking), and my good friend Frank said he was going to take me to see *Phantom of the Opera* on Broadway.

I have worked in theatre for over five years, but I'd only been down to Broadway once. Theatre is great, though—except when you're working on a show like *Annie*, and you're trying to hold a hyper dog's leash while it tries to pull your limbs out of their sockets and you're losing your voice trying to keep down the voices of 12 ten-year-olds and taking notes



on the new choreography (again!) and you're spilling hot coffee on yourself that was supposed to wake you up because you got no sleep last night because you couldn't get that damn "tomorrow, tomorrow, the sun'll come out tomorrow" song out of your head because they kept singing it over and over and over and....

Sorry. And you can imagine what I was like the second time I did the show.

So we take the train to New York, after paying the oh-so-friendly train ticket-taker who apparently doesn't speak any language, let alone English; it was hard enough to get a grunt out of this person.

Once you get on the streets of New York, the first thing you want to do is get off immediately, or you'll get hit by a speeding cab.

But when you're first walking on the sidewalks of New York, it does take a short while to relax. All you think about is the crime reputation, you see threatening-looking people zipping by you, and you really can't enjoy yourself. But after about an hour, you begin to forget those things and you relax, absorbed by the wonder and awe of the highlights and legend-

ary sights of New York, like the pretzel stands and the porno theatres.

We went to a music store that boasted the "world's largest collection of used CDs." To say we were disappointed is an understatement. First, the store was so small that we had trouble finding it. The next thing that worried me was when they confiscated our bags upon entering the store; it reminded me of New York's crime reputation, which I had been glad I'd forgotten. And then it turns out that there were no actual CDs in the cases! It appeared that they only sold CD boxes, and not even many of them.

I then saw a sign that said all the actual CDs were behind the counter—in a big bag, I suspected. We left.

We passed by St. Mark's Square, where they sell what I suspect were genetically altered fruits and vegetables with names—I swear—like Cheese Pumpkins and Banana Apples and Apple Pears. Too weird for me (and that says something).

We flagged a cab, and he drove right by, so we flagged him again, a little differently this time. We finally found an available cab

(all the other ones were involved in relationships), got in, and just as I was about to shut the door, the cab instantaneously took off at about a hundred and fifty miles an hour leaving parts of my exposed appendages back at St. Mark's.

We then ate a great dinner at one of the few existing restaurants that actually charges more than the Sacred Heart Dining Hall. Afterwards we walked (no more cabs for us) to the Majestic Theatre for the show and a tour of backstage from a stage technician I know.

And what a show it was. I know Frank paid full price for the tickets, but on any weekday students can usually get "rush tickets"—any seats left unsold for that day's performance of any show—at half price.

It was probably one of the nicest things anyone has ever done for my birthday—that they involved me in, anyway.

There was only one disappointing thing about the trip. Through all two and a half hours of *Phantom* I waited and waited, but they never sang that "tomorrow, tomorrow, the sun'll come out tomorrow" song. I didn't see the dog, either!

Letters to the Editor...

ATHLETES FEEL THE RIGORS OF LONG DAYS

To the Editor:

Like most athletes I came to Sacred Heart around the 19th of August for a rigorous two weeks of preseason. While my days consisted of playing field hockey almost non-stop, other incoming students were able to enjoy themselves in the luxury of their own homes and friends before going off to college.

Many people do not realize the strenuous lives of Sacred Heart

athletes. We have to work extra hard and find extra time that most of us do not have to keep up with our studies. While most people have the opportunity to sleep or relax in their spare time I along with my teammates are out practicing for as many as three hours straight. Then after finding a bite to eat we hit the books until the wee hours of the morning. We lead very demanding lives.

I'm not saying that people should feel bad for us but I think

we deserve a little more respect. Most of us have to work twice as hard than someone who does not participate in any extra-curricular activities. We are doing our part in representing Sacred Heart and I think more people need to be aware of how tough it is to juggle athletics and school work at the same time.

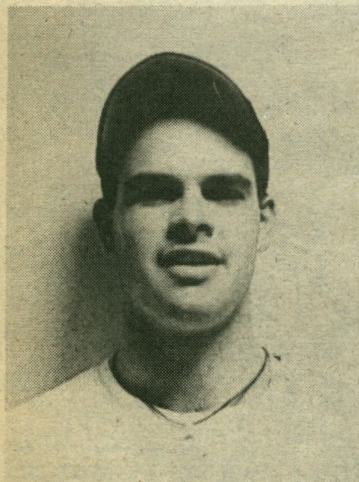
Jill Beadudoin

More
letters...
page 6

THE CAMPUS VOICE

By Lynne Kulakowski

If you could change any one department on campus, what department would it be and why?



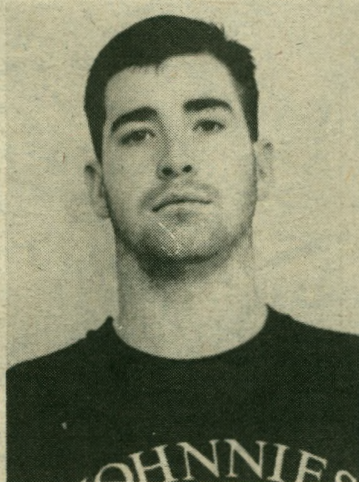
Jorge Luis Rivera
Sophomore
Spanish

"The Spanish Dept. It is a major that many people are interested in, but the number and availability of classes has become a problem due to resources."



Melinda Nicoletti
First-year Student
Physical Therapy

"I would change the Registrars because the schedules are often confusing and incorrect, which in turn puts the student in an unwanted position."



Brian Lawn
Sophomore
Sports Management

"The Human Resources Dept. They should rehire students to work with maintenance because it gives them a sense of responsibility."



Gina Curtin
Senior
Accounting

"I would like to improve the Registrar because it would be beneficial if they could offer more than one class time for specific courses."

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Jen Cassel
Karen Dolyak
Tom Fitzsimmons
Flora Goodloe
Erin Harrison
Meg Heinerich
Theresa Hickey
Kerri Anne Mahoney
Mark Manchester
Jason Mazaik
Jamie Romeo
Ray Tandog

Dark Room Technician
Lynne Kulakowski

Photographers
Corinne Waldheim

Ad Representatives
Available

Ad Designers
Jason Mazaik
Available

Comics Writers
Chris Beleznyay
Available

CCO Representative
Kerri Anne Mahoney

Faculty Advisor
Dr. Ralph Corrigan

More Letters to the Editor...

SALARY FIGURES SOMEWHAT MISLEADING

To the Editor:

I would like to address the article in the Sept. 29 issue of the *Spectrum* that said Dr. Cernera is the highest paid President in the state, including Yale, and compared his compensation to the national average.

The inaccuracies in this article first become evident when Yale is mentioned. As printed, the 1991-92 salary for the Yale President was \$289,500, over \$114,000 more than Dr. Cernera and the 1992-93 Yale salary was split between two individuals totaling \$313,402 which is more than \$120,350 than our President is paid. In addition, the salary and benefits of the president of Wesleyan University exceeded that of Dr. Cernera.

Furthermore, as the *New*

Haven Register reported on Sept. 13, 1994, the salary and benefits for the president of Quinnipiac College are not reported. You might also note that the base salary of \$155,542 for the President of the University of Connecticut does not include his benefits package and that his base salary is higher than Dr. Cernera's base salary.

Furthermore, it was stated that the national average for college and university presidents is \$102,000. This figure, however, takes into account base salaries only, unlike the figure you referenced that include not just base salary, but all fees and bonuses.

Additionally, the national average that you used included all the two year, baccalaureate and comprehensive institutions with budgets less than that of Sacred

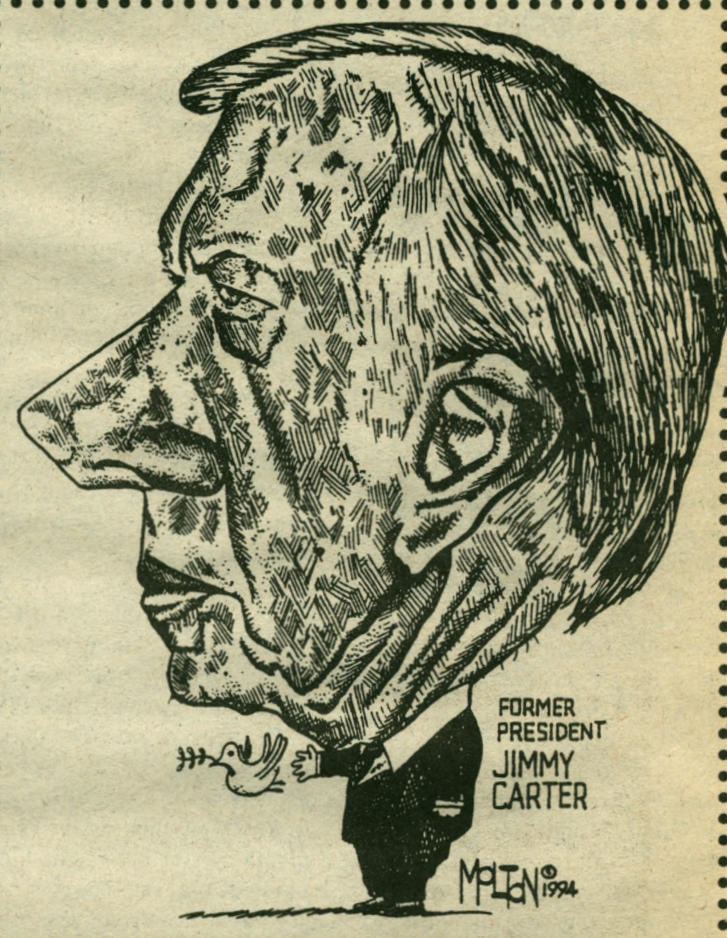
Heart University.

However, the chart in the Sept. 14 *Chronicle of Higher Education* shows the median base pay without benefits for private, non-religious institutions with budgets similar to Sacred Heart at \$22 million to \$53.4 million is \$140,000. Based on this comparison, Dr. Cernera's base pay is exactly at the national average.

I hope this will clarify your analysis.

Edmund J. Garrick
Director, Human Resources and Administrative Services

Editor's Note: All the figures in the article were attributed to a reputable source. The averages quoted were for baccalaureate institutions only. Sacred Heart is not a private non-religious institution.



STUDENTS SHOULD TAKE RESPONSIBILITY NOT OFFENSE

To the Editor:

This is in regards to the October 6, 1994 issue of the *Spectrum* entitled "Professor Shows Risqué Film." This is definitely not intended as a constructive response.

First, I will add that MS-101's Professor Hector Rodriguez' viewing of the 1982 film *Videodrome* could not and should not have been in any way offensive to anyone and no, it was not pornographic. He extended his courtesy by warning people, prior to the viewing, that he'd be showing a difficult film.

Those who knew that they would get offended easily should've extended their courtesy in return and instead ask Professor Rodriguez for more information about the show. There was no need to put him on the spot or possibly embarrass him. It was a

movie and was placed under the category of Fantasy, not Sexual Fantasy.

To the offended: Did you ever see the movies 9 1/2 weeks, Fatal Attraction or Basic Instinct? If you say you've had, then I appreciate your honesty. If you say you haven't, then you'd all better wake up and smell what you're shoveling because those movies have some hot scenes too.

Professor Rodriguez has shown *Videodrome* to his media classes for who knows how many times. It's even owned by SHU and is in the friggin' media studies archives. He's never had a problem before so why should he have a problem now.

If you can't handle his class, then don't take it. It's as easy as that. You whiners are probably the ones responsible for coming up with those "Peewee Herman"

and "Ernest" movies.

Videodrome was rated R and rated R movies may contain mature subject matter and/or mature language and is intended for a mature audience.

Folks! Grow up because it's everywhere. If *Videodrome* was Rated X, do you actually think that SHU would allow Professor Rodriguez to show it? Use your head.

Another thing I've learned...If you've got something to say to someone, tell it from the heart and tell them yourself. Don't go through some chairperson of the faculty because they can't speak for the person you all are whining about.

If you can't separate fantasy from reality, then maybe media is something you shouldn't get into. If you can't be an adult about things like this, then don't get yourself involved.

Ray C. Tandog

RILEDUP RESIDENTS NEED TO RELAX

Dear Editor,

Over the past couple of weeks, many people have had to go through drastic changes. For some, this is the first time of being away from home for a long period. For others, it means freedom, a chance to get out into the real world and prepare for what awaits them in the near future. There are many who feel that college is just a place to party, forgetting that there are those who need to study and get adequate sleep.

In being a first year student I am required to live in the residence halls. This does have some benefits, but all in all, there are many problems I am faced with day after day, night after night. It's as though some people feel so secure with their academic ability that there is no need to study, and if

that is true then more power to them, but there those who would appreciate a little more peace and quite.

Yes, there is a library and a Learning Center, places where I would be guaranteed the time and space needed to get all of my work done, but there should also be the option of staying in my room without having the blasting radios or screaming people running up and down the hallways. I can only hope that as the semester goes on, people will begin to settle down, and realize the main purpose for going to college,

Mary Jane Harris

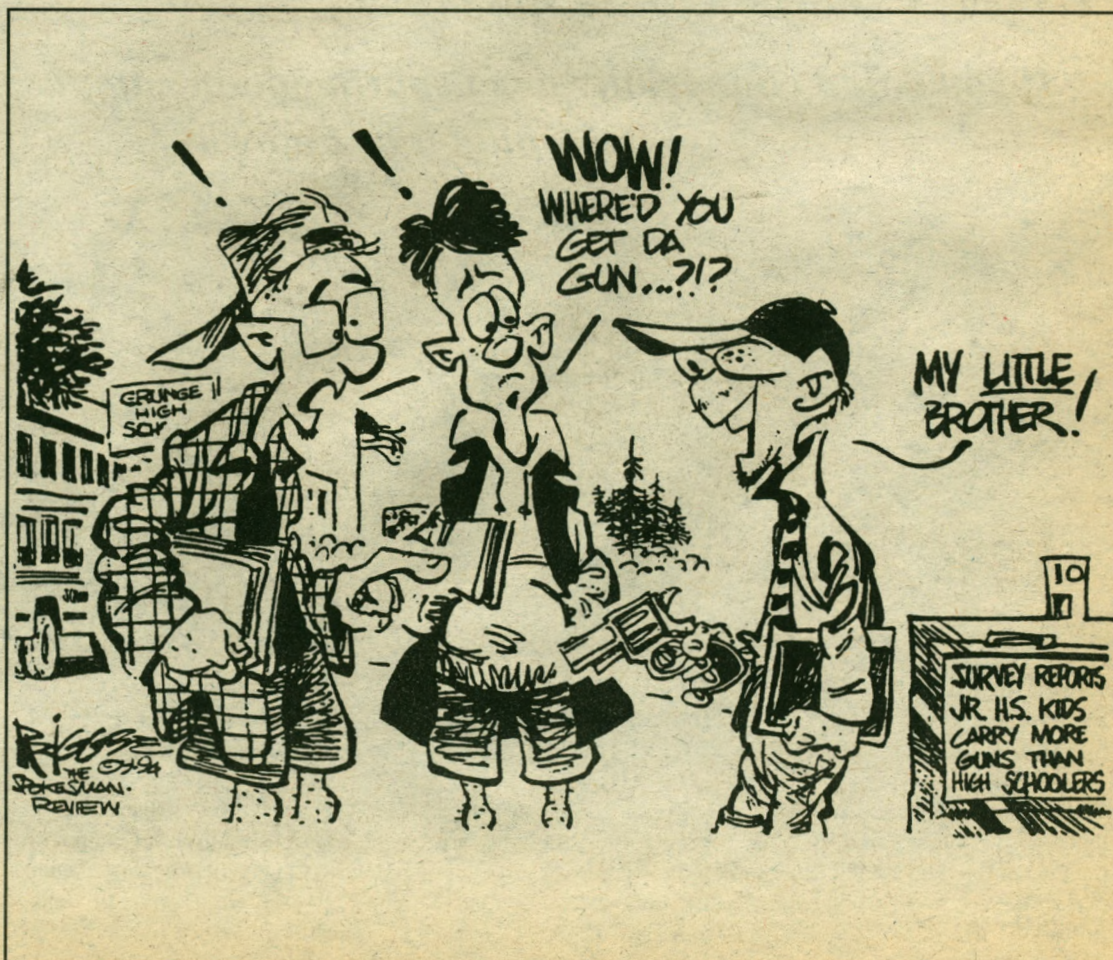
**Think of the
six women
closest to you.**

**Now guess which
one will be raped
this year.**

One out of six college women will be sexually assaulted this year. But you can change the odds of it happening. Simply by trying to avoid situations that leave you or your friends vulnerable.

For starters, follow security measures. Don't prop residence hall doors open. Walk with a friend after dark. And be aware that date rape is a major problem on college campuses. With many of these rapes involving drinking.

Then share these facts with six of your friends. And maybe none of them will become another statistic.





DRUNK DRIVING DOESN'T JUST KILL DRUNK DRIVERS.

Andrea Harris, killed Aug. 26, 1991 at 6:00pm on El Camino Real, Atascadero, California.

Next time your friend insists on driving drunk, do whatever it takes to stop him. Because if he kills innocent people, how will you live with yourself?

FRIENDS DON'T LET FRIENDS DRIVE DRUNK.

FEATURES

DISCOVER gives insight on future careers, decisions

By: Michele Herrmann
Features Co-Editor

From what they hear from advisors and what they see on television and in print, college students receive some idea about certain careers.

But these may leave some questions or uncertainties as well. This brings the need for clear, precise information that is easy to obtain.

Career Services now provides DISCOVER, a computerized system which helps a person gather information to add to a possible career.

"You learn more about yourself and learn more about options," said Judith Filipek-Rittallier, director of Career Services.

DISCOVER, developed by the American College Testing Association, acts as a career guidance program which helps to figure out personal interests and

abilities and find out about possible graduate schools and programs needed for a career.

"Though I haven't used it I plan to stop by Career Services and see what it's all about," said junior sports medicine major Mary Palme from Brooklyn, N.Y. "Hopefully it will help me in making the right decisions about a career," she said.

DISCOVER has two components to choose from: 1) information only, which looks for specific data on topics such as transfer schools, graduate schools, job occupations and financial aid and 2) a guidance and method program which goes through the career process one pace at a time.

The guidance and method program is a three step process. First, students get in tune with the personal self. They look at what interests they have, what skills and abilities they possess and what their priorities are.

The second step examines

academic majors by matching them with specific career options or opportunities to try to fit the best set together.

The material from the two

"You only get out of it what you put in it. You have to be honest with yourself in order to receive good information," said Filipek-Rittallier.

steps goes into the last part of the process called the decision making and planning stage.

This stage uses nine modules contained in the computer system that relate to the career decision making process. The first three

modules show how to begin the career search, examine possible occupations, and learn more about a person's individuality.

"Beginning the Career Journey" starts off the process by helping to assess where a person currently is and suggesting other modules to use.

"Learning About the World of Work" introduces a map to organize information about occupations and explore possible choices.

"Learning About Yourself" is a self assessment that asks questions about interests, abilities, values and experiences.

The next group focuses on occupation descriptions and choices about education.

"Finding Occupations" explores career occupations related to the self assessment modules and enables a search for occupations by specific job characteristics.

"Learning About Occupations" gives fifteen pieces of detailed information for over 450 occupations. Data including required skills, major, salary, job description and job outlook may be requested.

"Making Educational

Choices" shows majors or programs related to selected occupations and helps in planning for education and training to further a career.

The last group looks again at the individual and deals with changes he or she has to face. "Planning Next Steps" gives every piece of information about colleges and graduate schools. "Planning Your Career" takes a look at the various roles a young person has now in life and asks students to determine how much time is spent in each one.

"Making Transitions" shows how every decision in life and in a career involves some discomfort and anxiety and teaches how to handle change effectively.

It is not an answer-all program by itself, the way to learn from it is to put in what is asked.

"You only get out of it what you put in it. You have to be honest with yourself in order to receive good information," said Filipek-Rittallier.

To find out more about DISCOVER, to find out if DISCOVER might be helpful to you, or to arrange to use DISCOVER, stop in at the Department of Career Services.

Halloween is coming!
See next week's issue....

**ATTENTION
ALL STUDENTS!**

Open a Dining Dollars Account Today
OR
Add money to your existing account
and

Receive a chance to win a
MOUNTAIN BIKE!!

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FLIK- Will it pass the student's test?

By Ayoma Perera
Staff Writer

With the dawn of a new academic year full of promises and surprises, came a new and improved cafeteria, dining service and management. Amid much hope, expectation and anxiety, Flik International Corporation started off with a bang. The new dining service introduced a delicious new spread of food that dazzled and captured the attention of all those who dared to "sample."

But now with more than a month into the Fall semester, what do students have to say about the university's Dining Hall, the system and the food itself?

"The dining service is terrible," said freshman Keri Rosini, criminal justice major from West Haven, CT. "Every time I go into the cafeteria, I'm served the same food. Absolutely no variety."

Students who have something to compare Flik with voiced a different opinion. Could it be that Flik is the students' choice or was Seiler's just really bad?

Upperclassmen, having experienced the services of a different food service uttered words of

approval and commendation.

"The quality and presentation of the food is much better this year," said sophomore Denise Morris, a sociology major hailing from Sound Beach, LI. "The food is edible and sometimes comes close to a home cooked meal."

Though some may feel Flik is off to a good start food-wise, feelings of confusion regarding the system itself have been expressed.

"There is no clear definition of what it is about," added Morris.

Margaret Heinrich, a math major from West Newbury MA, endorsed much of Morris' views but added, "I do not eat breakfast or dinner at the Dining Hall because I could never eat food worth \$5.00. I feel exploited in a way."

One aspect of the new Dining Hall that all agree on is the Dining Hall crew itself.

"The people who work there are easy to approach and get along with and are very pleasant," said junior psychology major Jenn Fallon from Milford, CT.

Nothing can please everyone and the commuter students will be the first to speak out against the

See Flix, page 9

One, two, three...Breathe

By Denise Mathews
Co-Features Editor

Part 2, the final part of an article continued from last week's "Stress never goes but can be handled as it comes."

COPING WITH STRESS

Need to control stress? Just remove, equip or deal.

Escaping stress is often the easiest way to remove it. Avoid activities that make you feel frustrated or tense. Plan your schedule in advance. "Keeping organized is key to avoiding and coping with stress," says Alan Fishman, an operator for Fairfield Behavioral Medicine. "Having your life in order is very important."

Improving your ability to deal with stress effectively is important. Fishman suggests regular exercise and maintaining a good diet (reduce caffeine and salt intake and eat plenty of fresh fruits and vegetables). Relaxation and getting the necessary sleep are also crucial.

Dealing with stress sometimes means meeting it head-on. When you experience stress, practice deep breathing, closing your eyes and relaxing or taking a

break.

MARKETED REMEDIES

Besides the self-help techniques, several stress relief products can be purchased. Bath and Body Shop sells a Pulse Point Cream which can be rubbed on the temples and behind the ears to reduce sinus and headaches. They also offer a massage line and Aroma Therapy Oils, as well as muscle soothing and tranquility oils.

"I use Origins Sensory Therapy Stress Buffer On-The-Spot-Gel," says sophomore criminal justice major, Christyn Mulry from Holden, MA. "It certainly helps me to relax but it isn't a cure for all stress."

Other popular items are scented facial and body soaps.

"Lavender enhances the relaxing alpha waves in the brain while vanilla reduces stress," explains Alan Hirsh, M.D., neurologic director of the Smell and Taste Treatment Foundation in Chicago.

SMALL PLEASURES HELP

"Positive events of the day seem to have a stronger helpful impact on immune function than upsetting events do a negative

one," said Dr. Arthur Stone, a psychologist at the Medical School of the State University of New York at Stony Brook.

"When our team wins a game or if I play well, I feel good for the rest of the week," says Johanna Berry, a junior psychology major from New Jersey, member of the women's soccer team. "But when our team loses, I feel a loss of energy."

Dr. Stone conducted extensive research on stress and its relationship to the immune system. He found that while stress can make you more vulnerable to infectious disease, so can missing customary pleasures.

Customary pleasures add happiness to one's life-- getting together with a friend, reading a book, taking a walk, or watching or playing a sport.

Stone underlines the importance of enjoying oneself.

"Having a good time on Monday still has a positive effect on the immune system by Wednesday," Says Dr. Stone. "But the negative immune effect from undesirable events on Monday lasts just for one day."

Life is stressful. But to deal with stress just remember—deep breaths, relax and have fun.

CLUB HAPPENINGS

Compiled by Michele Herrmann

Business Club holds second meeting

A newly established Business Club is having a meeting Oct. 27 at 3 p.m. in N202 for students majoring in any aspect of business. The club anticipates monthly corporate visits and plans to familiarize students with the Business Dept. For more information, contact Laura Baldino, X6328, J.C. Bender, X4298, or Mike Schmitt, X4303.

Women Studies co-sponsors lecture

Women Studies and the SHU European Institute is sponsoring a lecture by Professor Barbara Klaw titled "Freedom, Sex and Self-disclosure: Simone de Beauvoir and Jean-Paul Sartre or Why the Beaver Chose the Buffoon." This event is on Oct. 26 at 5:30 p.m. in the Schine Auditorium.

JFO open to new members

The Jewish Friendship Organization welcomes all interested students, faculty and staff to join in learning about Jewish culture and tradition and fostering interfaith understanding. For more information, contact Rabbi S. Jerome Wallin at 371-7840 or 268-6940.

BACCHUS Chapter hopes to start at SHU

Any student interested in starting a BACCHUS Chapter should contact Kim Sousa-Peoples at 371-7663 or Debby Barton at 371-7955. BACCHUS is a student group which supports alternatives to drinking alcohol.

Mass Schedule

Daily Mass will be held 12:10 p.m. in the chapel. Mass on Sunday Oct. 23 (parents' Weekend) will be held at 9:00 a.m. in the Schine Auditorium and at 9:00 p.m. in the Dining Hall.

FLIK: Students speak out about service

Continued from page 8

Dining Hall.

"I was on the meal plan my first two years but now I don't even go into the cafe," said enior bio-chemistry major Alexandria Dohme from Long Branch, NJ. "The prices are ridiculous and the food sucks. I'd rather drive all the way home for dinner than to eat at

the school."

A more subtle disagreement with the Dining Hall comes from commuter senior Jill Ruzbarsky, a criminal justice major.

"I'm disappointed and hurt that I no longer am able to go into the cafeteria and relax with my friends without paying the \$5.00 in advance."

Commuters are limited to the cafe which does not provide substantial meals and more than often is uninhabited by resident students. Thus this segregation causing a rift in the everlasting commuter/resident struggle.

With eight months more to prove itself, will Flik stand tall to the tough test of the students? Let's wait and see.

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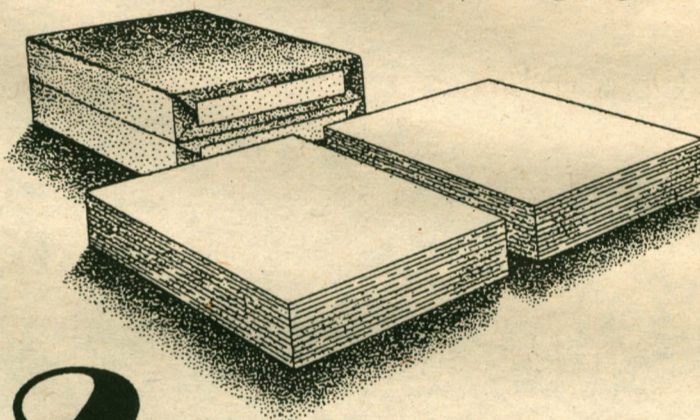
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STUDENTS CAN EARN CREDIT WHILE INTERNING WITH A STATE SENATOR OR REPRESENTATIVE. FOR DETAILS AND APPLICATIONS SEE YOUR CAMPUS ADVISOR OR WRITE:

DIRECTORS, INTERNSHIP PROGRAM
LEGISLATIVE OFFICE BUILDING,
STATE CAPITOL
HARTFORD, CT 06106

Campus advisor: Prof. John Kikoski
Sacred Heart University
5151 Park Ave.
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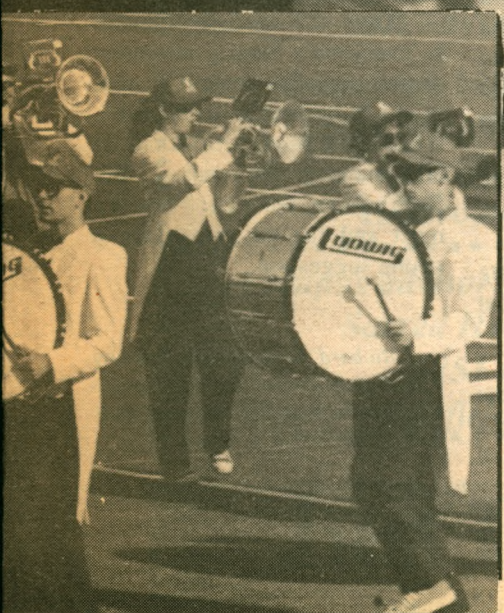
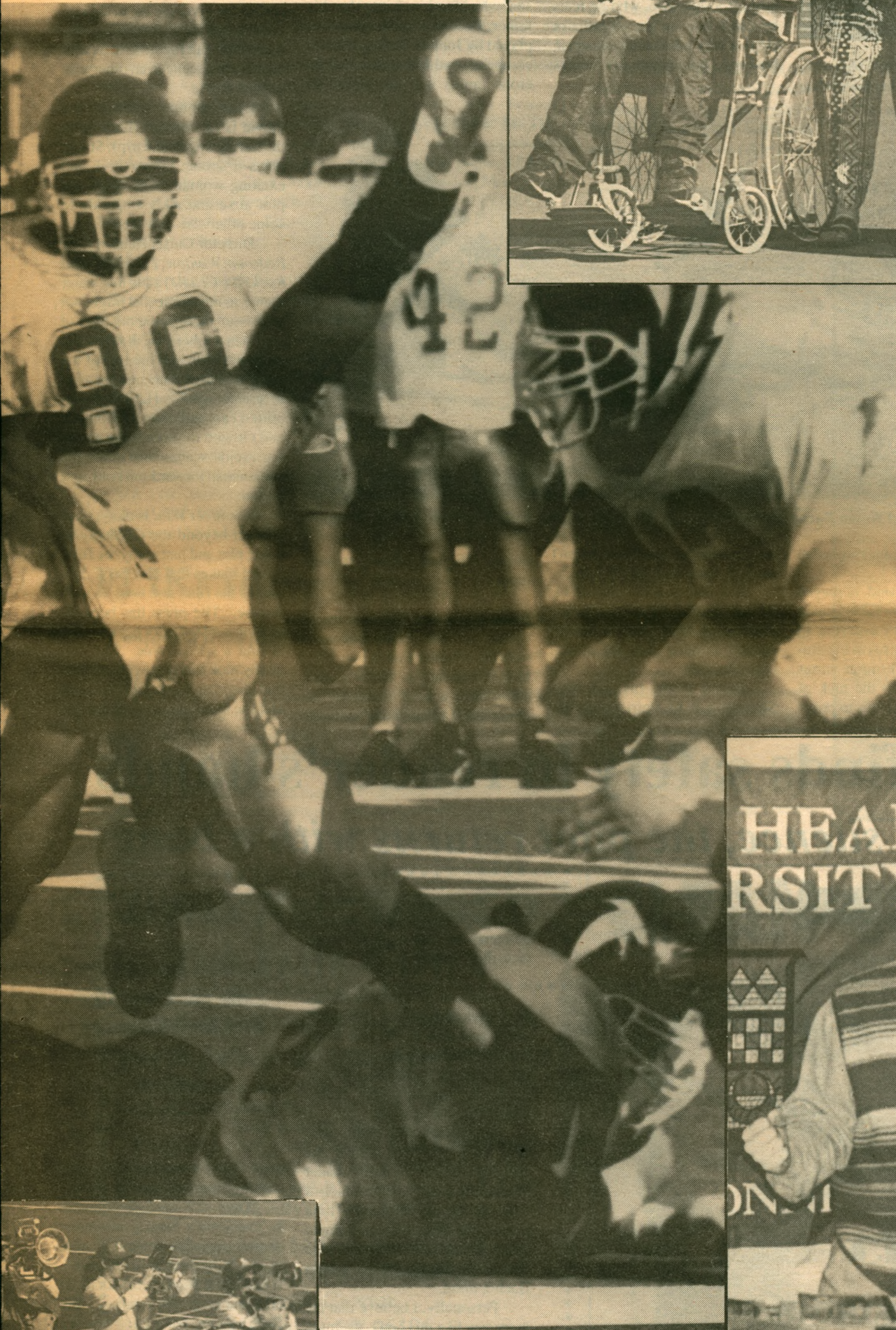
Homecoming 1994

Home away from home

Clockwise from top right: Associate Professor of English Dr. Marion Silverstein "Bunny" Calabrese stands between her husband and the mother of sophomore defensive back Don Fowler while they faithfully felt for the gridgers in their 32-6 Homecoming loss to Bentley College; former Sacred Heart student Tom Mackie makes a homecoming of his own, deejaying for Music Etc. at the 20th Reunion of the class of 1974, sponsored by Alumni Relations; the marching band breaks up into a new formation on the Campus Field during their halftime show; cheerleaders form a mount during a second-half cheer while trying to rally the fans and the troops from a 20-someodd point deficit; fullback Ron Stopkoski (31) vaults over a Bentley defender while four other Falcons wait for the tackle.

Photos by
Chris
Nicholson





The River Wild slightly too tame

By Melissa Bruno
A & E Editor

What do you get when you take *Cliffhanger*, put Meryl Streep in Sylvester Stallone's place and add water? *The River Wild*, Streep's latest film. The movie isn't all bad, it's just been done before.

The River Wild is one of those movies that has a good feeling, but is a little too much like the rest of the adventure thrillers that Hollywood puts out. This is a shame because this movie has the potential to be better.

The basis of the plot is a family white-water rafting trip gone bad, thanks to robbers who intend to use Streep to help them escape. There is adventure, but it is not exactly surprising. There are heroics, but they are not all surprising either. There are some surprises, but even those aren't as powerful as they should be.

Streep (*The French Lieutenant's Woman*, *Out of Africa*) plays Gail, an adventure loving mother and wife who is tired of her husband and their dreary life together. She was, at one time, a rafting guide and reminisces periodically throughout the movie about her more exciting

FILM

days. Streep plays this part well, using her eyes and her borderline

himself to his wife, who he feels he can't live up to. Strathairn plays a very convincing sheepish husband, but eventually comes

son, who likes him better than his father. Bacon and his accomplice, played by John C. Reilly, want to escape down the Gauntlet, treacherous rapids that are closed to

and Bacon gives the hat to the kid. Would everyone understand this scene? No, but for those of us who do, it's a fun scene in an otherwise serious movie.

Even though some of the movie is far-fetched (they bring the family dog on the trip), Streep plays a strong, competitive and exciting woman. She keeps the plot alive and adds a sparkle to some otherwise dull scenes.

Director Curtis Hanson (*The Bedroom Window*, *The Hand That Rocks the Cradle*) adds live water scenes to the movie that might not have been there in the old days of studio make-believe. Rather than putting Streep and the rest of the gang in a tub of water and use a fan to create wind, Hanson transported cast and crew to Montana and Oregon to shoot some amazing rapids scenes that make the audience sit forward and hold their breath.

The River Wild is okay, once you get beyond the *Cliffhanger*-esque plot and just enjoy the film. Streep makes that part easy. She carries the film, and does so with finesse. The press has been attacking her lately, for her inability to find a serious role. She evidently took this one to show them that she is as marketable as ever, and she has done an excellent job.



John C. Reilly and Kevin Bacon attempt to escape down the rapids with help from Meryl Streep

evil laugh to convey messages that aren't spoken.

Tom, her husband, is played by David Strathairn. He is beaten up and picked on by everyone in the movie but surprises us eventually with some hidden inner strength he finds in the nick of time. He needs to do this to prove

around and realizes that he doesn't need to compete with his wife.

The bad guy is played by Kevin Bacon (*Vision Quest*, *Footloose*), who plays a decent robber/murderer role for a second-rate actor.

Bacon sneaks his way onto Streep's raft by befriending her

rafters. They need Streep to help them.

The friendship between Streep's son and Bacon is interesting. In one scene, Bacon is wearing a Lollapalooza hat. The boy is wearing a Ministry hat. They have a brief conversation about the Lollapalooza concert,

Bach's latest finds safety in reader's hands After five years of silence, the pilot returns with a bang

By Jason Dalrymple
Editor-in-Chief

About five years ago, I finished reading the eighth of a bunch of books by an author my father introduced to me almost a decade ago. The first book by Richard Bach that I read inspired me to go back to his earliest and forward to his latest, at the time, *One*. For the last five years, I have waited for the next. Finally, it has come.

Bach's "never to be released" tenth novel, *Running From Safety*, was more than well worth the half-decade of silence.

Safety brings Bach into contact with his nine year-old self, Dickie, who has been locked away by Richard in his mind for almost 50 years.

Yes, I did get that right. Bach does meet his younger self. Dickie has been locked away by Richard for almost 50 years. And it all takes place in 270 pages of serious debate between an almost 60 year-old with the answers and a nine year-old with all the questions.

BOOK

Running From Safety is a very

traditional Bach novel, in that he utilizes a "vehicle" character to answer or come to terms with questions about leading a happier

life. This time, Bach explores his own past, rechecking the answers he came up with against a nine year-old's logic.

However, it is not just to fulfill a boyhood promise to himself years past that Bach calls forth Dickie. Richard eventually realizes that there is one thing Dickie possesses that surpasses everything Bach has learned.

Stylistically, it is again typically Bach. The first-person, casual, realistic tone leaves the reader wondering at the end how much of what in the novel actually took place. The most difficult thing to grasp is his conversations with Dickie, as they take place within Bach's mind.

Personally, I believe that the more you like this book, the more likely you are to believe.

So, after five years of waiting and reading and re-reading, what do I think?

I thought I'd never see the name Richard Bach on the Best-seller List, read his name at

the end of a prologue or hear the voice of his wife Leslie on the

**...the more you like
this book the more
likely you are to
believe**

page. So, for me it was comfort and joy wrapped into one book.

Running From Safety may not be everyone's Sunday afternoon dream, but it has some messages that hit home and do so quite well. It is easy to read, yet difficult to understand in one reading. But Bach's latest, for a Bach fan, is a must and for the remainder, a strong suggestion.

Richard Bach's book *Running From Safety* is available at Lauriat's Books in the Trumbull Shopping Park for \$23.00.



Richard Bach and Leslie Parrish-Bach

Skankin' across America

Ska music takes nation by storm

By Jonathan McCarthy
Associate Editor

MUSIC

Quietly and slowly there is a new culture taking over the underground world. From Amsterdam to New Haven, plaid and argyle clad youth are skanking

from Boston received a promotional deal from Converse. Their ad for the Chuck Taylor All-Star featured their music and the now infamous shoe.

The Bosstones have since set the trend for all would-be ska bands. With a tuxedo shirt, bowtie

music, ska provides a healthy alternative.

Ska music can be defined as a mixture of various music forms. Take a reggae guitar, a very heavy bass, powerful drums and a hip-hop/hardcore lyrical rhyme and one almost has it. However, what is missing is the one thing that sets it above all else. Horns. In some cases many, in others just one but



all around. The music is aptly called ska and its atmosphere is one of bliss and joy and it is coming to a theatre near you.

Ska music first received some acclaim in the late eighties with the success of the now huge Mighty Mighty Bosstones. This at the time relatively small band

and anything plaid or argyle a ska band is born.

From here we storm into the nineties and amazing ska bands are popping up all over. Searching for originality, youth from every walk of life turn to this genre for salvation. In a world in which everything has turned into pop

either way the magical use of trombones, saxophones and trumpets allows ska music to shake and rattle bones.

Connecticut is lucky to be the home of some of the most endearing ska artists in the nation, Spring Heeled Jack. Based in nearby Monroe, they have captured the heart and souls of their many followers. The Spring Heeled Jack Family is Mike Pellegrino, vo-

A & E BRIEFS

Compiled by Melissa Bruno

The European Institute Continues Fall Film Festival

The European Institute continues its fall Film Series on Tues., Oct. 25 at 7:30 p.m. in N206 with the satirical and critical examination of French society prior to World War II in "The Rules of the Game." The movie is free and open to the public.

Women's Studies Lecture

The Women's Studies department is co-sponsoring a lecture with the European Institute by Professor Barbara Klaw of Northern Kentucky University. The lecture, "Freedom, Sex and Self-Disclosure: Simone de Beauvoir and Jean-Paul Sartre or Why the Beaver Chose the Buffoon," will be held in the Schine Auditorium on Wed., Oct. 26 at 5:30 p.m. It is free and open to the public.

"Bridgestock" Concert to be Held at UB

The University of Bridgeport's Student Congress is presenting "Bridgestock," a concert featuring The Ancestors, Compulsives and Innertube on Fri., Oct. 21 at the Arnold Bernhard Center at UB. Doors open at 8 p.m and show time is 9 p.m. Tickets are \$5.00 with a college I.D. For tickets or more information, contact Jason at (203) 576-3278 or Kamal at (203) 576-3273.



Top: The crowd has at ball at a recent Spring Heeled Jack show.
Bottom: Drummer of SHJ gets ready to skank

Photos courtesy: J.P. Velotti

Commuter Questions Commonly Asked

*Are we allowed in the Dining Hall?

OF COURSE! Breakfast & Dinner are casual rates of \$3.50 and \$5.00. Lunch (Monday - Friday) is an ala carte, cash operation!

*Where can we get some breakfast?

The Faculty Lounge Cafe is open for ala carte, cash operation breakfast service! Grab a bagel and a cup of coffee, or a Snapple & a bowl of cereal!

*Why would a commuter want Dining Dollars?

Dining Dollars are extremely flexible and can be used for all three meals in the main Dining Hall and the Cafe!

*Do I have to start with \$150.?

NO! The minimum opening balance has been lowered to \$75!

*What if I don't use my Dining Dollars by the end of the semester?

You don't lose them. They can be used next semester, and even into next year! When you leave SHU, you receive the remaining balance back minus \$15!

*Can I add more \$\$ to my Dining Dollars at any time?

Of Course! There is a minimum of \$50. per transaction. You'll love the flexibility of the program, and you won't be able to live without your Dining Dollars!!

There is a skeleton in everyone's closet

By Diana Smith
College Press Service

Who could have known there were so many of them? Or that their subculture was so well-defined and their network so vast that it has been estimated there's at least one in every family?

Deadheads. They're everywhere, of all ages and backgrounds, but with a common interest in the music of the Grateful Dead, according to David Shenk and Steve Silberman. The two longtime Dead fans recently co-authored "Skeleton Key: A Dictionary for Deadheads," (Doubleday, \$14.95) the first book that attempts to examine in detail the phenomenon of the Grateful Dead and their following—388 pages of it, ranging from concert behavior to insider slang and testimonials from people whose lives were influenced by the long-lived rock 'n' roll group.

In so doing, the book also gives insight into the counter-culture of the past 30 years, as well as the Dead's broad influence on mainstream culture. There is, after all, a popular flavor of ice cream named for lead guitarist Jerry Garcia (Ben & Jerry's "Cherry Garcia"), and Garcia's line of neckties designed for corporate types who just can't resist a nod to their rebellious youth.

Not to mention the legacy of tens of thousands of fans spanning three generations who have attended shows and celebrated "the scene," as Deadheads affectionately call it.

Last year, the Grateful Dead was the top grossing concert act, according to "Performance"

magazine. The Dead's large and intensely loyal following bought 1.6 million tickets to a total of 78 shows for box-office gross receipts of nearly \$44.5 million, stated the concert trade journal.

Among other things, "Skeleton Key" talks about the eerie circumstances of the band's naming, each band members' history and personal and collective contributions and the importance of every song and album that's been produced over the years. In short, everything you wanted to know about the Grateful Dead but were too uptight, man, to get down and ask.

"The real question for me is, 'Why didn't someone else write this years ago?'" said Shenk, a New York-based writer, musician and former producer for National Public Radio. "The Deadhead community is so full of rich history, lore, flavorful language, colorful dress, spirituality and terrific humor—it was crying out to be documented."

Shenk and Silberman broadly define Deadheadism as a social movement comprised of people who are fans (in varying degrees) of the music produced by the long-lived rock 'n' roll band. That encompasses everyone from the hard-core faithful who deck out in tie-dyed costumes and follow the band from concert to concert in flower-decorated mini-vans to the casual at-home listener, musical greats such as Elvis Costello, and yes, even the wife of Vice President Al Gore, Tipper, described as a "major

tourhead-waiting-to-happen."

The book tries to explain the mystique that surrounds the band, which has been touring for three decades. In the book, author Joseph Campbell, renowned for his work in archetypal mythology, calls the Deadheads "the most recently developed tribe on the planet."

"I imagine that Dead-impaired persons who hear a Dead-bite on TV or see Cherry Garcia in the cooler at the market

experience of going to shows often is likened to a religious event—without the religion. When the band is hot, the fans are on their feet and the drugs have taken effect, a concert becomes a transcendental experience in which everyone comes together in a unified, spiritual whole.

Chas McKhann, a professor of anthropology at Whitman College in Walla Walla, Wash., and a Dead fan for years, says a show can seem like a "revivalist church meeting."

Emile Durkheim, the French founder of modern sociology, coined a term for such an experience—"collective effervescence"—that describes a state in which religious values are actualized when an individual loses himself or herself in a large, collective gathering.

"Individuality is stripped away, and you're left in a sea of emotion," McKhann said.

There are similarities between that kind of experience and a Dead show.

"There is something very exciting about the emotional charge in the atmosphere of a Grateful Dead concert," McKhann said.

Anthropologically speaking, the ritualistic behavior of Dead fans lends itself to cross-cultural comparisons.

For instance, fans attending shows have developed rhythmically complex dancing movements (some are referred to as "spinning"), designed largely to increase their psychic enjoyment of the music. In some Sufi Moslem sects, for instance, "whirling dervishes" also engage in spinning or rocking motions over long periods of time that produce a form of religious ecstasy.

Many Deadheads also engage in specific behavior before, after and during shows. They dress in tie-dyed clothes and wear loose-fitting garments that won't restrict their dance movements. The parking lot often resembles a medieval carnival of sorts, with vendors selling tapes, food, T-shirts and other merchandise, while groups of fans congregate, mill about and talk with other groups of friends that they haven't seen in months or years. Some fans follow the band for days or weeks.

In some ways, the devotion of fans to the Dead and their music resembles the fervor of pilgrims making long journeys to pay homage to their favorite saints in the "miracle cults" of Middle Ages, except that the irreverence and humor of band members and fans prevents the scene from getting too serious for the most part.

Fans say the easy-going, friendly atmosphere, almost like a mini-Woodstock, is attractive. Dead fans generally are interested in "loving life," as the book puts it, and finding the "zone," a sense of communal euphoria that takes

place when the band creates synergistic moments.

In many respects, Dead music is simultaneously free-form jazz, rock, bluegrass, country and folk that contains "world music" forms such as Balinese gamelan and Japanese taiko drumming.

When the band is hot, members embark on unstructured riffs known simply as "space" that helps everyone achieve the ecstatic feelings. "The Dead are capable of doing that with regularity," McKhann noted.

The concert is actually a forum for non-verbal communication in which people are on the same wave-length emotionally. "It's not a linguistic experience," McKhann said. "A lot of what people look for is their ability to lose themselves in that music and the art of the band, or the art of making a good concert."

Actually, the Dead doesn't play concerts in a traditional sense, where a musical group plays the same favorite songs at every tour stop. Often, the Dead gives a series of concerts in which different songs are played each time with the understanding that fans often attend several shows in a row.

"Each Dead show is its own long, strange trip, and because the Dead take a lot of musical risks, they're marvelously inconsistent," Silberman said.

Concert tapes are highly prized and often traded or sold, depending on their level of quality. Recent chatter on the Internet's Grateful Dead bulletin board has included statistical probabilities that the Dead will play certain songs at scheduled concerts, based on what the band has played in the past.

Every song that the Dead has played in concert (even the order in which they were played) or on an album is included in a vast collection called the "Deadbase," a telephone book-size tome that is considered the Bible of Deadheads.

Chris Frana, an attorney and an administrator at Luther College in Decorah, Iowa, used to be a big fan when she was in college. Recently she found herself with some old friends at a Dead concert after an absence of some years and was happy to be there.

"It's kind of like going home," she said wistfully. "You still get the same feeling when the music starts. It takes you away."

"It's really a good experience," she said. "I think it's a way for people to escape the pressures of their everyday lives."

Rebecca Adams, a sociologist at the University of North Carolina, said Dead fans generally hold forward-looking views of life.

"People say Deadheads are throwbacks," she told the authors of "Skeleton Key." "I think they're pioneers. They recognize that reality is subjective—there is no right way—and have been cognizant of these multiple realities for a lot longer than most other people. This is postmodernism. It's the cutting edge."



and hear about people hitchhiking 3,000 miles to see that guy with the beard play his guitar, must occasionally ask themselves, 'What's it all about?'" said Silberman, a San Francisco-based writer. "Deadheads are like gay people: everyone has a brother or a daughter or a niece or an aunt or a cousin who is one. What are all those Deadheads doing? Our book can at least begin to explain."

What Deadheadism is all about can be difficult to describe even for insiders because the ex-

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Feast your eyes on Anime!

By Jason Mazaik
Staff Writer

Most people draw blank stares when I mention Japanese Animation, or 'Anime' as it is now called. There is however a light when cartoons such as Speed Racer, Robotech, or Voltron are suggested as Anime. These three cartoons represented some of the first Japanese Animation introduced to the American society.

The early forms of Anime disappeared from Saturday mornings around 1985. While Japanese Animation was disappearing from American television, a revolution was occurring in Japan. A new breed of animation was being conceived.

In Japanese culture the comic book market was geared toward two specific audiences. The first appealed to the juvenile to mid-teen market. The other, containing heavier more mature themes, appealed to the young working class. There was of course one missing group, teen-

ANIMATION

thrived. Today there are more than half a dozen magazines like Young, three of them having a circulation of over one million.

In 1988 Akira was released as

Akira to the silver screen. In the end, however, Spielberg felt the American audience 'was not yet ready' for the experience of Akira. In 1989 Akira was released on VHS, and took the country by storm.

The introduction of Akira begins with the destruction of Tokyo. The movie then starts thirty-eight years in to the future, following WW III. Other favorites of mine include Gunbuster, Appleseed and Project A-KO.

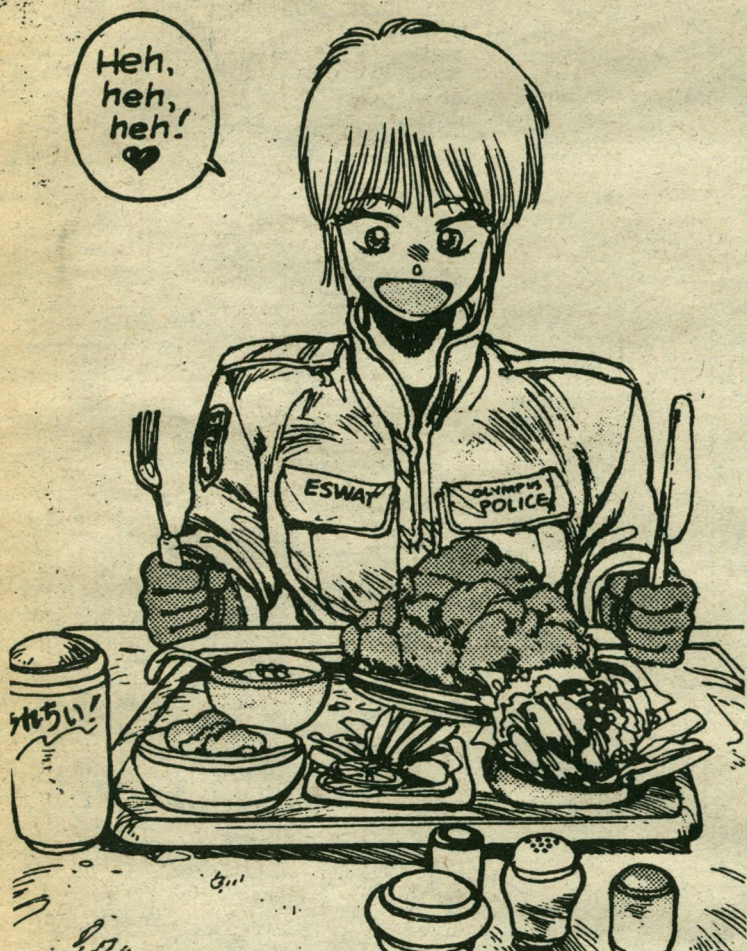
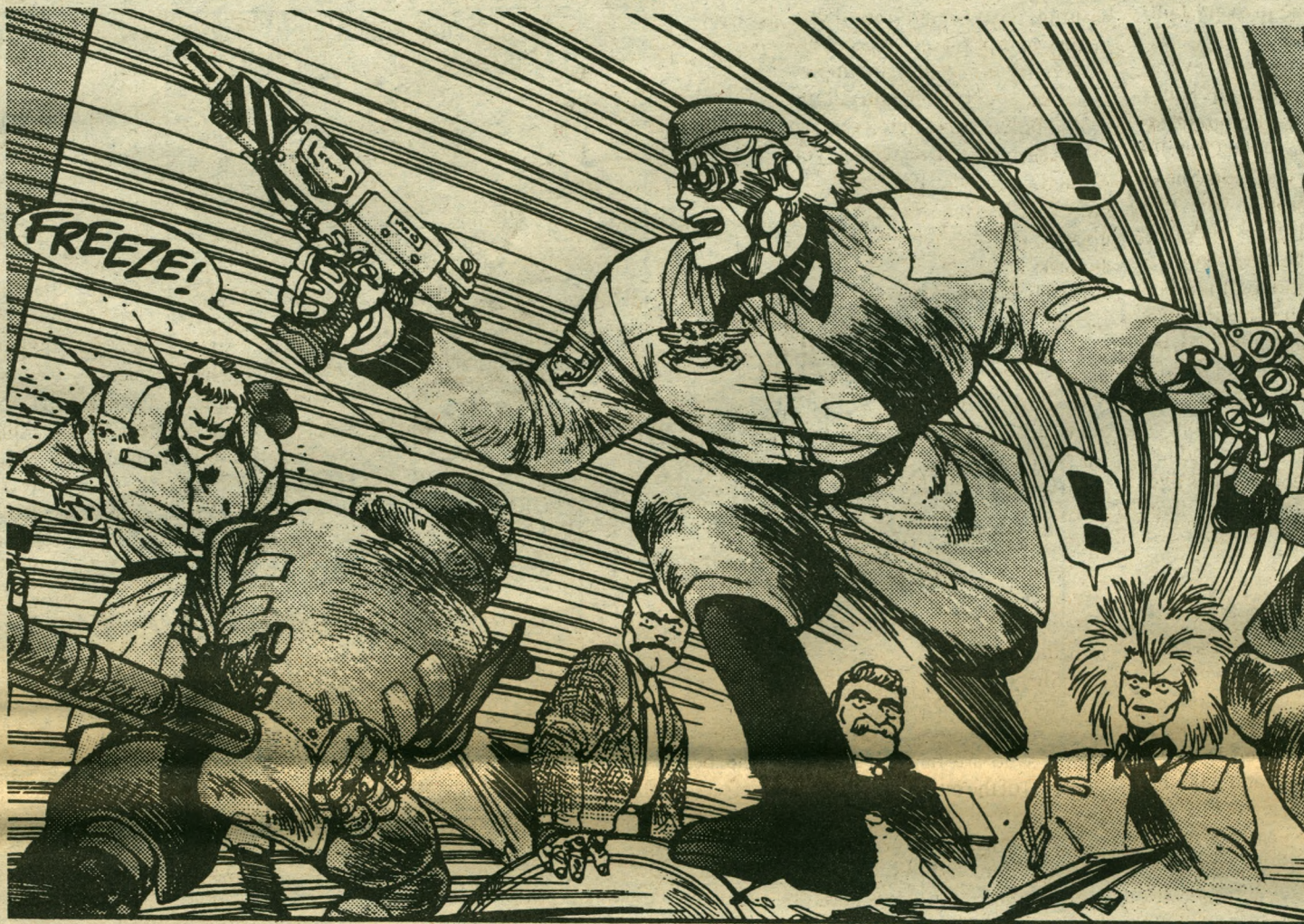
Gunbuster is a three hour epic which follows the struggles of Noriko Takaya in her quest to become Gunbuster pilot for the Earth Space Force and seek revenge for the slaying of her father.

Appleseed revolves around a SWAT team, set in a city where humans live hand in hand with androids.

Project A-KO is a comedy following the misadventures of a teenage girl with extraordinary powers.

Anime has moved swiftly into American culture and is now readily found in almost any mall. The tapes cost between twenty to thirty dollars and generally run from thirty to one hundred and twenty minutes long.

I suggest you begin with Akira, but your best bet is to read the video boxes and pick whatever wets your palate.



Top and Above: From Masamune Shirow Appleseed, released by Eclipse International. Left: Burn Up released by A.D. Vision

agers and college students.

Young magazine was conceived to open this market in 1982. The magazine struggled. Then in 1984 the first twenty-five page segment of Katsuhiro Otomo's Akira appeared. Young magazine

a feature length animated movie. The response was overwhelming.

All the attention surrounding Akira attracted the American director Steven Spielberg. He formed the Akira committee in 1988. Their goal was to bring

A large portion of America's teens were hooked on Anime. The craze has steadily grown since 1989. When I first started collecting and watching Anime, in 1990, Anime could only be found in major cities, but now it is available in any movie store, video rental store, and comic book store across the country.

Since Akira arrived the mar-

A large portion of America's teens were hooked ... The craze has steadily grown...

ket has been flooded with Anime titles. Some titles are innocent and humorous, others contain extreme violence, nudity and sexual situations. It is important to keep in mind that these movies are geared to a Japanese audience starting at the college level and continuing up the age brackets.

I feel the pinnacle of Anime is Akira. The movie is near perfect, the animation is crisp and flawless. The plot is gripping and will keep you focused and interested for the entire two and a half hours.



by WATTERSON

WOW, HONEY, YOU'RE
MISSING A BEAUTIFUL
SUNSET OUT HERE!

I'LL COUNT TO
10, AND THEN...
PON!

DAD, HOW COME OLD PHOTOGRAPHS ARE ALWAYS BLACK AND WHITE? DIDN'T THEY HAVE COLOR FILM BACK THEN?

SURE THEY DID. IN FACT
THOSE OLD PHOTOGRAPHS
ARE IN COLOR. IT'S JUST
THE WORLD WAS BLACK
AND WHITE THEN.

REALLY?

YEP. THE WORLD DIDN'T TURN
COLOR UNTIL SOMETIME IN
THE 1930s,
AND IT WAS
PRETTY GRAINY
COLOR FOR A
WHILE, TOO.

THAT'S
REALLY
WEIRD.

WELL, TRUTH IS
STRANGER THAN
FICTION

BUT THEN WHY ARE OLD **PAINTINGS** IN COLOR? IF THE WORLD WAS BLACK, AND WHITE, WOULDN'T ARTISTS HAVE PAINTED IT THAT WAY?

NOT NECESSARILY.
A LOT OF GREAT
ARTISTS WERE
INSANE.

BUT... BUT HOW COULD
THEY HAVE PAINTED
IN COLOR ANYWAY?
WOULDN'T THEIR PAINTS
HAVE BEEN SHADES
OF GRAY BACK THEN?

OF COURSE, BUT
THEY TURNED
COLORS LIKE
EVERYTHING
ELSE DID
IN THE
'30s.

SO WHY DIDN'T
OLD BLACK
AND WHITE
PHOTOS TURN
COLOR TOO?

BECAUSE
THEY WERE
COLOR
PICTURES
OF BLACK
AND WHITE
REMEMBER?

THE WORLD IS
A COMPLICATED
PLACE, HOBBS.

WHENEVER IT
SEEMS THAT WAY,
I TAKE A NAP
IN A TREE AND
WAIT FOR DINNER.

The Creep

By Chris Beleznyay

WHAT IF
THE CREEP
WAS
BARNEY
FOR
HALLOWEEN

(I LOVE EVERYONE.
GIVE ME A HUG.

SUS
OVES
ME

HUG THIS, NERD-MUPPET !)

BAM

DEAR LORD, DIE!

BODY SLAM

COME BACK HERE!
CARING AND SHARING
ARE WHAT I'M ALL ABOUT
YOU @*!@ STUPID
@*?! DIE @*!@! ,,,

TH
EN

THE Crossword

ACROSS

- 1 Party giver
- 5 Salad green
- 10 Bamako's land
- 14 Eternally
- 15 Speed
- 16 Word of sorrow
- 17 Uncommon
- 18 Prevent by law
- 19 Fastener
- 20 Spot
- 22 Decorative
board across a
window
- 24 Table scrap
- 25 Illuminated
again
- 26 Cause a rift
- 30 Rude drawing
- 34 Mimics
- 35 Strong desire
- 37 Spooky
- 38 Break a
commandment
- 39 Had a leading
role
- 41 Muslim prince
- 42 Upright
- 44 Flat-topped
elevation
- 45 Injury memento
- 46 Minute part
- 48 Dogs
- 50 Entreaties
- 52 Young boy
- 53 Environment
- 56 Motion pictures
- 60 Egress
- 61 Shawl
- 63 Way to pay
- 64 Singer
Fitzgerald
- 65 Roof adjuncts
- 66 Toward shelter
- 67 Secluded valley
- 68 Current of air
- 69 Peruse

- DOWN
- 1 Plant used for seasoning
 - 2 Flattened circle
 - 3 Extremely dry
 - 4 Small earthquakes
 - 5 Old joke
 - 6 Reckless

- | | | | | | | | | | | | | | | |
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ANSWERS

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C	H	A	N	G
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- 49 Was in a race
51 Flower essence
53 Pay attention to
54 Wheel holder
55 Dunning letter
56 Musical symbol
57 Masculine
58 Sailing
59 Farm building
62 Eggs

College Life
By Neal Laneville

"Man, college is great. I can do what I want, call who I want!!"

"I could stay on the phone all day if I wanted!!!"

"Do you think the novelty will wear out soon, I'm trying to read?"

Kegler's surprise everyone in New Jersey

Women prove difficult competition for men

Cori Waldheim
Staff Writer

As dawn approached last Sunday morning the Sacred Heart Bowling team was already on their way to Interstate Lanes in New Jersey to compete in the first Collegiate conference meet of the 1994-'95 season. This year SHU was represented by three squads as opposed to last years two.

The conference was broken down into two divisions, Classic (A division) and Metro (B division). Mike Morrissey was the high roller for the A team averaging 228 with a high game of 266. He was followed by team captain Chad Autore who averaged 216 for the tournament.

The A team placed fourth in their division, taking 21 out of a possible 48 points. As the men entered the conference they were confident that they would place well in the standings. But as the first match opened they were slightly over-confident, almost cocky. They were over taken by competitors Bryant and William Patterson.

When I asked the men what hurt them the most the response was, "primarily spares, which was followed by anxiety." The kegler believe that they will benefit from this harsh early season lesson. They hope to move from fourth to first at the conclusion of the five week conference.

The Metro division was topped by our men's B team who captured thirty-five of a possible forty-eight points. Their closest competition finished nine points behind them. The team was led by first year student Mark Kozak, who averaged 219 and had a high game of 227. Fellow team members praised Kozak for his ability to rise to the challenge in such a high pressure first appearance.

The true test will be for the fledgling kegler to continue delivering such fine performances. Vinny-Yesonosky followed averaging 203 and rolling a 269 which was the top SHU score for the day.

The second Sacred Heart B team was the talk of the tournament. Why you ask? Because its members are women, the only women's team to compete in this year's conference. When the lady kegler arrived it was thought by

their competitors that they would relinquish an easy eight points and the match had not even begun. The women surprised their male counterparts and proved to be difficult competition. They took games four and five of six matches, putting them in fourth place. Against William Patterson the ladies bowled 1029 (an average of 206) beating them by 180 pins. It was a record breaking day for the women.

Newcomer Alyssa Foster was "very pleased with the team enthusiasm."

Judging by her first outing, she will be an important addition to the women's program. Jen Swanson led the team averaging 214 with a high game of 257. Followed by Melissa Cook who rolled an impressive 265.

Joe Tomko of the men's team said, "Since last year the women have strengthened their game, hopefully in the future they will learn the respect they deserve."

This Friday the men's A and B teams as well as the women's team will be traveling to Penn State to compete in the Nittany Lion Classic.



Damelio likes to talk with his bat

By Jamie Romeo
Staff Writer

It is not easy for Marc Damelio to talk about himself. He speaks softly and he does not talk unless talked too.

He lounges in front of the television playing John Madden's football on sega-genesis, a dark-skinned, dark-eyed young man with a slight muscular build, with black hair tucked under a hat almost covering his eyes — as if trying to hide something.

But Marc's ability to play baseball is one thing he cannot hide. When we met there was no discussion of the 1994 baseball season in which he was named the NECC Conference Player of the Year, or how he was a first-team All-New England selection at Naugatuck Valley in 1992 and '93 and a third-team All-America selection in 1992 before he transferred to Sacred Heart.

I asked Pete, a 6'7" 250 pound hard-throwing right-hander for the Pioneers, how he would pitch to the 5'9" 160 pound Damelio. Pete replied jokingly, "I would hit him because he is a dangerous hitter."

"Baseball has been a big factor in my life," Marc said, looking up from the intense game of football he was playing with Pete. "I don't know what I would do if I could not play."

Marc has been playing baseball as long as he has been able to walk. His father coaches the Waterbury 1 Legion team, which is traditionally one of the stronger programs in the state for summer baseball.

"My father influenced me the most in playing baseball," Damelio said. "He has helped me with my skills."

Skills are what Marc possesses on the diamond. His speed,

sweet swing, and ever steady glove make his playing style look effortless. This combination of weapons make him one of the top players in the conference for the upcoming season.

If it is a clutch hit or a game-saving play with the glove, Marc seems to always be there to pick up the Pioneers. But he won't let you know it.

"I like to play the game hard and without much talking," Damelio said, as he quietly ran for a forty yard touchdown against Pete in their game of sega-genesis.

Marc does not set his eye on being the best player in the conference or even on the team, he just appreciates the chance to play.

"I just love to be outside and play the game everyday," he said, as the game with Pete was coming to a close. "I don't know what I would do without baseball."

Besides being a tremendous baseball player, Marc focuses his attention with kids, especially at the elementary school age. Marc, who is a senior psychology major from Waterbury, CT, took control of the conversation when we discussed career goals, with a smile. "I would like to teach Elementary school and coach baseball at the same age group," Marc said.

When he is not playing baseball or working on his game he enjoys fishing, playing sega (which Pete says Marc is not any good at), or tennis.

"I enjoy fishing by myself," he said. "It's relaxing."

If it is baseball, fishing, or hanging out with his roommates you won't hear much out of Marc Damelio's mouth, but don't let that give you the wrong impression.

"Marc is a quiet type of guy who keeps to himself," Pete said. "He is just the nicest guy anyone could meet."

McGuigan adds character

By Fernando Fernandes
Contributing Writer

You can see him on the sidelines of the soccer games. You can get a kick out of the jokes he plays on referees, coaches and players. If you're lucky, you may also be the object of his humor.

He arrives from Scotland in 1957 at the age of 12. In 1963 he graduates from Notre Dame high school located exactly in the same spot SHU is now. In 1968 he begins his freshman year of college, and becomes the first "All American" soccer player in the history of Sacred Heart University.

Later on he reaches coaching status and begins a career which has lasted 14 years.

Who is this man? Joe McGuigan, 6 foot, 185 lb. man with a twinkle in his blue eyes, and a beautiful smile, overshadowed by that pin pointed nose.

"A likable guy," says his colleague coach Nick Giaquinto. "He doesn't have a mean bone in his body. Although, I wouldn't want to be in the sideline for the opposite team!"

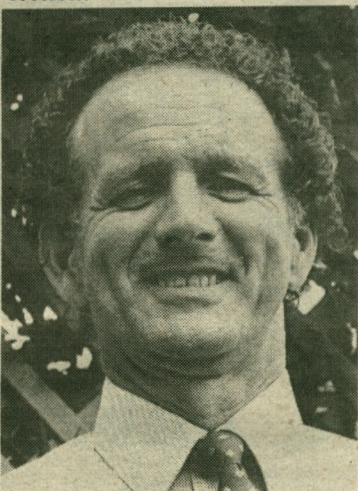
"He has a great report with the entire coaching staff and SHU community," added Nick.

He walks back and forth on the sidelines religiously following what happens in the game. He kicks the atmosphere and dribbles around himself as he watches his players in the field.

"Penalty!" he shouts at the referee. "If you didn't see that one

you need a pair of glasses."

The referee comes over the bench and gives Joe a yellow card. "Thank you," he says staring at the card. "One more for my collection!"



Coach Joe McGuigan

McGuigan once formed a team with players from 15 different nationalities. No one ever thought it would be possible to make players from so many different cultures work together as a unity. That year they reached the semi-finals of the New England conference for first time in our school's history, and set a record of 15-5-1 never before accomplished by any other soccer team at SHU.

"We proved them all wrong," said coach McGuigan, "and earned the respectability of other schools."

Joe McGuigan enjoys a special relation with his players.

"Players become an integral

part of my life," he said. "When they leave, there is a sadness. But also a great deal of satisfaction seeing them go on with their lives, in quest of new dreams."

"He is the best coach I have ever had," says senior Martin Pineda. "He is, above everything, a great friend."

Among the soccer team there seems to exist a general consensus that McGuigan is "just the best." Some even consider him to be "like a father."

"I try to relate to people as individuals," McGuigan said. "I try not to put labels on anyone, and build relationships on a one-to-one bases."

Coach Joe McGuigan espouses a personal philosophy of friendship. "My friends and I have a genuine concern for each other. I don't think there is anybody I can ever say I dislike. I hope I never will."

"He is hysterically funny," says coach Nick. "The life of the party."

"I have problems in my life, but I don't like to wear them in my face," McGuigan says. "I enjoy life. I like to look for the bright points to each day rather than mourning over the negative aspects."

Joe's great outlook to life is a great example to all of us. He hates ties. When he found out wearing ties was a coaching dressing code, Joe found a bright side to it. "My nose doesn't look so pointed when I wear a tie," he said smiling.

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Upset about strikes and lockouts? Forget about them, come out and watch the Pioneers.

	Thurs.	Fri.	Sat.	Sun.	Mon.	Tues.	Wed.
Football			Stonehill 1pm				
Men's Soccer		C.W Post 3pm		Le Moyne 2pm			at Bridgeport 3pm
Women's Soccer	at AIC 3pm			Le Moyne 11am			New York 3pm
Women's Volleyball		at Lock Haven (PA)	at Lock Haven (PA)		at Adephi 7pm		
Field Hockey	Westfield State 3:30pm		at Kutztown 1pm	at Bloomsbg 12 pm			Wesleyan 3:30pm

Stonehill: Purple knights comin' south

Continued from ppage 20

Kelly was 10 for 15 and a school record 189 yards. Ray Sizensky was had five catches for 51 of those school high 189 yards. The offensive line continues to impress. Led by senior Jim Gibbons they marched down the field, with four drives of 50 yards or more. "We are the hardest working group on the field," said junior Anthony Leo. "We are on the first ones on the field and the last ones off. We deserve games like we had on Saturday, in fact we demand them of ourselves." The defense held their own against Assumption, giving up a stingy 159 yards. Leading the

way was defensive tackle Marco Soto who along with the rest of the defense held Sports Illustrated's Marc Delfelco to less then 50 yards for the second year in a row. Cornerback Marc Scacciaferro led the secondary and kept Assumption's attack on the ground. The win was extra sweet for the Pioneers. After routing Assumption last year by a score of 35-7 it was suggested that Assumption wasn't ready for that game. The Pioneers proved that last season wasn't a fluke. Now they must go out and prove that last week wasn't one either. "To say that we are going to win would be considered cocky," said junior Mike Dombrosky, "but to say that we are going to lose would make me a liar."

Saying of the week

"If I said we were going to win I would be called cocky, but to say wwe were going to lose would be a lie"
M. Dombrosky

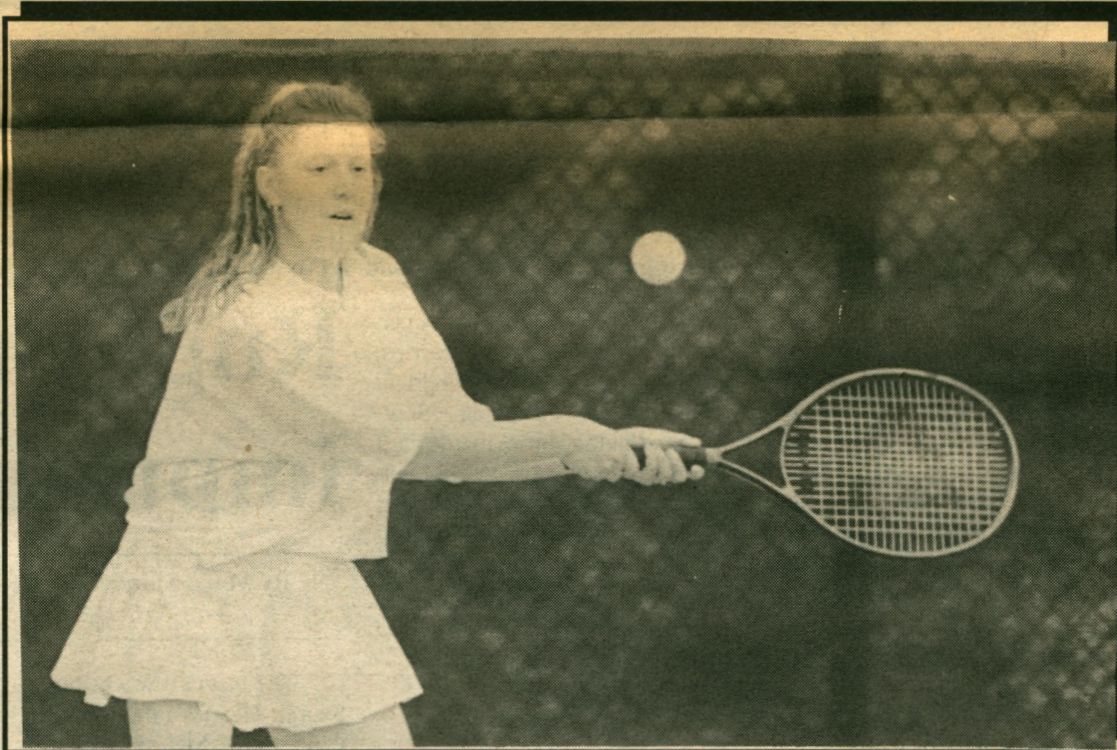
Melsi expands weight room to three times its size

By Megan Keefe
Contributing Writer

Something new and exciting is about to happen on campus. In case you have not heard, the current weight room will be expanded within the next few weeks. To some, this may be no big deal, but to the many athletes who use it every day, this is a dream come true. The project would still be a dream if it wasn't for the hard work of one dedicated and persistent man, strength and conditioning coach Matty Melisi. Melisi has worked here for 4 years as the head strength and conditioning coach for most of the varsity sports offered at SHU. To many athletes, the athletic program here would not be the same if it wasn't for Matty. "Matty makes us work hard, and he is always there for us," said junior Kim McCullion from Nashua, NH. "We are happy about the expansion of the weight room, and it would not have been possible without Matty." Anyone visiting the current weight room would wonder how SHU's hundreds of athletes fit in-

side it during the course of the day. "The weight room is currently 1,020 square feet. When it is finished, it will be about 3,500 square feet, more than three times the size it is now," exclaimed the proud Melisi. The weight room stands adjacent to the psychology department, which is moving upstairs to the south wing. This leaves a lot of room for the renovations Melisi has drawn inside his head. "We're going to knock down most of the walls, but we can use a lot of the space that is already here," said Melisi. "All we really need is some paint, some mirrors, and the new equipment, which should be in this week."

Melisi, the new equipment will include many aerobic machines, including stair climbers, treadmills, and stationary, recumbent, and airdyne bikes. There will also an addition of flat and incline benches, squat power racks, calf and neck machines, and many more dumbbells and free weights. The weight room as it is laid



Pioneer ladies' tennis player Jeannine Da Luz, a sophomore from Pawtucket, Rhode Island, moves to smash a two-handed backhand in her winning 6-1, 6-0 match against American International College Tuesday. The ladies were 0-4 as a team in their second season, and Tuesday's match was the first ever played at the new Sacred Heart tennis courts.

Photo by Chris Nicholson

out now lacks space for the athletes to work out. Also, there aren't enough machines and free weights available when the weight room is full, which is often the case in the afternoon, especially when the football team is working out. "Sometimes it is so full that we can barely move or breathe in here," said Dante Laurendi, a senior football player from Brooklyn, NY. Melisi said the new weight room will consist of four rooms, his own office, and an enlarged space for water coolers. One room will be primarily for power lifting, such as benches and squat racks. Another room will be a

circuit training room, which will hold the machines such as the lateral pull, leg extension and leg curl. The third room will have Olympic platform bars for plyometric exercises, and the fourth room is the "aerobic room" that will hold the stair climbers, treadmills and bikes. "The aerobic room will be a large room where the athletes can stretch, do their sit-up routines, and I can even teach them karate in there instead of asking them to find rides to my gym on Main street," said Melisi. "We want to start advocating all-around general fitness to all of the students, not just the athletes." Melisi added that the new

weight room hours will be extended. It will be open to all students from 5 to 8 p.m. with time slots reserved for individual teams throughout the day. There will also be a trained work study student on duty at all times to help anyone who may need it. Melisi said that the football team will be volunteering their services to help with the renovations, which means that they will be knocking down walls, painting, and carrying in the equipment. If all runs according to schedule, the weight room should be completed by the middle of November.

Spectrum Sports

SACRED HEART UNIVERSITY PIONEERS

Football team coming together

By Keith Zingler
Sports Editor

This weekend the Pioneers take on Stonehill College for Parents Weekend. Game time is at 1:30 p.m. at Campus Field. All family members are welcome to attend.

It is appropriate that this game is being played on Parents Weekend because football is a family game. To be a member of a true football team an athlete must be considered by his teammates a family member. The Sacred Heart University football team has never had what anyone would truly call a football family, until now.

In the last several weeks we have watched a program solidify itself into a family unit. No, not everyone gets along, but everyone respects each other. This hasn't always been the case in past years. Stonehill must now come and play at the Pioneer's home something that this team has given meaning to.

"When we are up for a game, no one can beat us," said Coach Gary Reho.

Stonehill has never rolled over for the Pioneers and shouldn't this weekend. They have a strong passing game and a solid defense.

The question of the day will be if their defense is strong enough to take on the Pioneer offense that took the field against Assumption. They had over 500 yards total offense. Quarterback Chris Kelly threw two touchdown passes, including a 57 yard bomb to James Markwica. They dominated time of possession, running 77 plays in 36 minutes.

The ground attack was spread out as six backs touched the ball.



Pioneer rusher Scott Warman falls into the end zone for six points in Saturday's 40-22 win over previously undefeated Assumption College in Worcester, Massachusetts. The win elevated the Pioneers to 3-3, keeping their hopes alive of tying the all-time season win record for Sacred Heart football, set in the gridders' rookie season in 1990.

Photo by Chris Nicholson

Brian Ihlefeld was the workhorse, gaining 82 yards on 17 carries, including a one yard touchdown run and a 43 yard catch. Scott Warman had an impressive 46 yard touchdown run along with two rushing touchdowns from Kasi Fletcher. Fletcher actually appeared like he was going down on one of the plays but maintained his balance and scampered into the endzone.

See Stonehill page 19

Rugby leads league with impressive 4-0 start

By Mark Manchester
Staff Writer

The last two weeks has seen Sacred Heart's infamous Rugby Club, the X-Men up their record to a league leading 4-0 record in the New York Metropolitan Rugby Union.

They one both these games by playing hard-nosed rugby. Vassar College, who last year forfeited their match with the X-Men last year because of a fear for the cold, should of done the same this year as the X-Men beat on them by a score of 39-12. Sacred Heart played aggressively the whole match much to the dismay of Vassar, who constantly complained of being roughed up. I guess someone should have told them that this wasn't a tea party.

Nonetheless, Tim Baker, who scored his first ever tri, Scott Bisquet who did as well and Chris Masi led the way for the pack which dominated with sound, fundamental tackling, rucking and mauling causing Vassar to constantly drop the ball. Paul Engo, three tri's, Pete Malanga and

George Flagg, a tri each were their usual selves to which Mr. Referee responded, "this is some of the best rugby I have ever seen." The B-team also won 15-0 over Vassar.

This Sunday a question was asked as to what inspired the X-Men to play a hard days worth of rugby down at picturesque Seaside Park. Some on the team said it was the set-up of the field, others said it was the return of the Madman Greg Flavin. I say it was both because we won (and our sister school Columbia didn't) 29-15.

The X-Men played sloppy but hard virtually throwing around the boys from New York around like a great white does with a seal clutched in its jaws. The ruggers came out pumped scoring two quick tris in the opening minutes of the match. Breaking the ice was Paul Engo, who scored a tri and kicked the points to make it 7-0. Eric (the Birdman) Bacik uped the score to a 12-0 with a tri himself. Scott Bisquet made it 17-0 as a result from a beautiful feed from Mike Matkovic. Half-time had it men in black 17 and Columbia 3.

Sacred Heart would continue its aggressive behavior in the sec-

ond-half as inside canter George Flagg blocked a kick and falled on the ball in the tri zone. Engo's extra point kick would then make the score 24-3. Columbia would go on to score two tris and the X-Men rounded out their scoring as Pete Malanga scored a tri that resulted from a blocked kick by Bruce White.

Sacred Heart could have routed this team and had many opportunities from break away runs by Engo, Malanga, J.C. Bender and packman Wendal Valera. Support will defiantly be something they will have to work on in the near future. Outside center Gregg Dunn commented on the game, "We didn't play like ourselves today." Valera agreed but added, "We grubbed thanks to Mac's dad." Speaking of our eight men he had this to say in the words of Al Capone, "You get farther with a kind word and a gun than with just a kind word."

Aside from the game the X-Men came out a little battered as Mark Lichtenstien and Bisquet left the contest with injuries but hopefully will be back for the last regular season game at Rutgers.

Equestrian team starts season

By Clare Cardo
Staff Writer

While most of the campus was sleeping at 5 o'clock Sunday morning, the Sacred Heart University equestrian team was loading the van to begin their season at St. Joseph's College on Long Island. As some of you might know the team has been practising since mid September.

This year the team has switched to the Long Island region with Yale and Fairfield University.

The team members that competed are as follows: Clare

Cardo, Dawn Colica, Helen Hanning, Alexandra Heebner, Shelly Lyford, Nicole Klammer, Tracy Milne and Amy Spaulding. Some outstanding results include Spaulding placing first in her flat class making her eligible for the next division. Cardo, Colica and Heebner all placed second in their flat classes. As a whole the SHU equestrian team placed sixth among the twelve teams at the show.

Coach Janet Mele believes the team is off to a grand start. Sacred Heart will be riding at Mid Island Arena at a show hosted by Stonybrook this Sunday Oct. 23.